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PEOPLE

Community Calendar

WEDNESDAY, SEPTEMBER 11
JERSEY CITY—James Fallow, Washington editor of *The Atlantic Monthly*, will deliver a keynote address at the 12th Annual Academic Convocation at 10:45 a.m. For more info call 201-200-3426.

SEPTEMBER 11 THRU OCTOBER 4
JERSEY CITY—Jersey City State College will hold an exhibit of the recent work by Victor H. Tang. For more info call 201-200-3426.

THURSDAY, SEPTEMBER 12
MADISON—Retired General Colin Powell will be featured as speaker in the New Jersey Forum series at Drew University at 8 p.m. For more info call 201-226-FORUM.

FRIDAY, SEPTEMBER 13
CLARK—The 22nd Annual Union County Seniors Men's and Women's Public Links Tournament will be held at Oak Ridge Golf Course. For more info call 908-874-0138.

SEPTEMBER 13 THRU OCTOBER 25
LINCROFT—Monmouth County Park System will offer parent/child ceramics classes for area adults and kids ages 10 to 17 at the Thompson Park Crafts Shop from 7 to 9 p.m. For more info call 908-842-4000.

SATURDAY, SEPTEMBER 14
LINCROFT—The Monmouth County Park System invites area residents to participate in a two-session "Beginner Rock Climbing" workshop. For more info call 908-842-4000.

PLAINFIELD—The Community of Hope Cultural Festival will be held at Rose Street and Cedar Brook Park from 11:30 a.m. to 5:30 p.m. For more info call 908-754-7216.

LINCROFT—Monmouth County Park System schedules ringneck roundout bike tour at Thompson Park from 8 a.m. to 8 p.m. For more info call 908-842-4000.

HOLMDEL—The biggest and the best ninth annual Festival of the Arts & Heritage of African Americans will be held at the Garden State Arts Center from 10 a.m. to 6 p.m. For more info call 908-442-9200.

SEPTEMBER 14 THRU OCTOBER 19
LINCROFT—Monmouth County Park System will offer children's ceramics classes for kids 10 to 17 at the Thompson Park Crafts Shop from 9 to 11 a.m. For more info call 908-842-4000.

JERSEY CITY—Jersey City State College will offer a review course for the Scholastic Aptitude Test from 9 to 11:30 a.m. For more info call 201-200-3088.

SUNDAY, SEPTEMBER 15
HOBOKEN—The Hoboken Arts & Music Festival will be held from 11 a.m. to 6 p.m. at Washington Street. For more info call 201-482-2207.

LINCROFT—Monmouth County Park System is sponsoring an intermediate rock climbing workshop at Thompson Park at 8 a.m. For more info call 908-842-4000.

NEPTUNE/NEW YORK—Monmouth

County Park System has scheduled a hike at Pound Mountain in New York's Harriman State Park at 8 a.m. For more info call 908-842-4000.

LINCROFT—Monmouth County Park System has scheduled a Maurice River Canoe trip at 7 a.m. For more info call 908-842-4000.

THRU SEPTEMBER 15
CLINTON—Crash of Hunterdon - Then & Now, an exhibit of antique and current crafts will be shown at Hunterdon Arts Center. For more info call 908-735-8415.

MONDAY, SEPTEMBER 16
IRVINGTON—The Irvington Literacy Program will celebrate its tenth anniversary at 6:30 p.m. For more info call 201-372-6400.

SEPTEMBER 16 THRU OCTOBER 23
MIDDLETOWN—Monmouth County System will hold "Aerobic" classes at Tatum Park Holland Activity Center from 5:30 to 6:30 p.m. For more info call 908-842-4000.

HOWELL—Monmouth County Park System will hold aerobic workout at the Manasquan Reservoir from 5:30 to 6:30 p.m. For more info call 908-842-4000.

SEPTEMBER 17 AND 24
SUMMIT—Summit Chorale invites experienced chorale singers to audition at 10:15 p.m. at Christ Church. For more info call 201-467-1454.

SATURDAY, SEPTEMBER 21
EDISON—The Thomas Edison Toastmasters International returns to Edison Public Library. For more info call 908-940-2536.

THRU SEPTEMBER 24
EAST ORANGE—The East Orange Farmers Market offers Jersey Fresh vegetables from the Garden State at City Hall Plaza Village from 10 a.m. to 5 p.m. every Tuesday. For more info call 201-266-0938.

WAYNE—William Paterson College presents an Adult Learner Assistance Network. The College Success Series. For more info call 201-595-2950.

THRU SEPTEMBER 25
NEW BRUNSWICK—Abstract painting by James Yohé will be exhibited in the Visual Arts Gallery of the Civic Square Building 8 a.m. to 4 p.m. For more info call 908-332-7511.

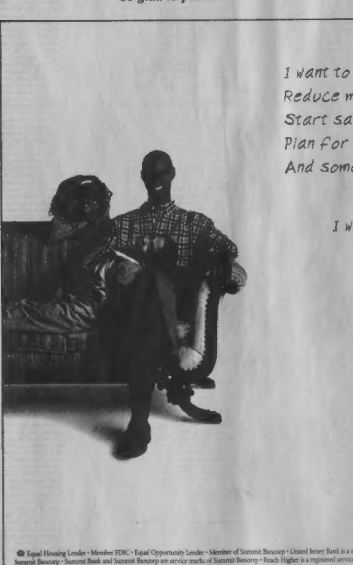
THRU SEPTEMBER 28
CRAWFORD—Union County College will hold beginning and intermediate tennis courses from 11:05 a.m. to 1:05 p.m. every Tuesday. For more info call 201-266-0938.

OCTOBER 1 THRU 29
EAST ORANGE—The East Orange Farmers Market offers Jersey Fresh vegetables from the Garden State at City Hall Plaza Village from 10 a.m. to 5 p.m. every Tuesday. For more info call 201-266-0938.

THRU NOVEMBER 30
UPPER MONTCLAIR—"Images from Sandy Hook," a photography exhibit will be held at the Gateway National Recreation Area's Sandy Hook Unit. For more info call 908-672-5970.

Calendar listings should be sent two weeks in advance to ensure publication.

Recently got promoted, received an award or know someone who did? Send in the information with a photo and we will be glad to publish it.



I want to spend more time with my kids.
Reduce my debt.
Start saving for their future.
Plan for retirement.
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Welcome to Summit Bank. A new bank giving you the best of United Jersey Bank and Summit Bank. Where you'll find a variety of financial solutions to help you — from checking and savings accounts to mortgages, personal loans and credit cards. It's the local attention and service you expect from us. And a little more.

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Equal Housing Lender - Member FDIC - Equal Opportunity Lender - Member of Summit Bank's United Jersey Bank is a registered service mark of Summit Bank - Summit Bank and Summit Bank are service marks of Summit Bank - Reach Higher is a registered service mark of Summit Bank.

Rev. Browne named Interfaith coordinator at MRMCC

PLAINFIELD—Reverend Mercedes W. Browne, of Plainfield, has been appointed coordinator of the Interfaith Partnership Volunteer Program at Muhlenberg Regional Medical Center. As coordinator, Reverend Browne will be responsible for developing a network of congregations with trained volunteers who will provide support services for the elderly and disabled. This will be accomplished through the Partnership for Healthier Living. Reverend Browne's qualifications include a Master's Degree in Divinity, a Master's Degree in Social Work and a Master's Degree in Public Administration. In addition to her diverse academic and administrative skills, Reverend Browne also has more than seven years of professional experience in ministry.



Naranjo wins \$500,000 at Pick-6 bonus drawing



ATLANTIC CITY—Ronald Naranjo, 49, of Elizabeth, won \$500,000 in the Pick-6 Lotto Bonus Million Drawing at Trump Casino Resort. Naranjo and his wife, Aleida, 44, have been married for 25 years and have two children, Ronald, 23, and Gloria, 12. The couple is vacationing in Miami and asked their son Ronald (10) to represent them at the drawing. Ronald said his father is a loyal lottery player and this is not his first winning. He noted that his father will probably pay off the mortgage on the family house and set up a college fund for his sister. Prizes included, top prize of \$1 million dollars to Honorio Desanta, of Newark, Naranjo's \$500,000 and 13 other winners.

Correction

In last week's issue there was a headline reading Thurst named VP public affairs at TESC. The correct photo and information is printed below.



Watson named executive dir. of Institute for Public Policy at TESC

William A. Watson, of Trenton, has been named executive director of the Institute for Public Policy at Thomas Edison State College. The institute was previously renamed in honor of Watson's father, Watson, a former executive fellow of the institute will be the first executive director to lead the organization. Prior to joining the college, Watson served as deputy mayor chief of staff for the city of Trenton for five years. He will oversee the Watson Institute, a nonpartisan independently funded research office focused on providing policy analysis and other technical assistance to decision makers in the public and private sector.

Library for blind offers free services

TRENTON—Do you know someone who can't see well enough to read normal print? Then, have them try the New Jersey Library for the Blind and Handicapped.

The Library provides large print books or books recorded on tape and a machine to play them on. The services of the Library are available with-

out charge to anyone living in New Jersey who for any physical reason cannot read regular printed books with ease.

Books in other languages, especially in Spanish, are available. If you would like to have an application so someone you know may take advantage of the Library, call 1-800-792-8322.

Are black women meaner today?

Read your responses

"I think that black women are meaner today, but I think that is primarily due to an over all change of what people relate to one another and how they relate. In the 'good old days,' men and women related on a more social level, today I think that when people enter into a relationship they are looking to get something out of it." J. J., Plainfield.

"I don't think that black women are meaner. I think they are more independent. Black women's standards are higher today because of that independence, but I can't equate that with being meaner." S. G., Edison.

"I think black men should be put into a world called Stupidia. No, black women are not meaner. And we have never really been mean, we have just had to be strong and self-assured in order to cope with all the major decision making, especially when it comes to family and life in general. Men would say a woman is mean, because she is assertive, goal oriented and very independent. They take these things and then label her a b...h, mean, when it has nothing to do with that. She knows who she is and has a sense of identity, that's not meanness, that's character." S. W., West Orange.

"No, black women have never been mean to start out with. Black women have had to deal with a lot of things in this male-dominated society. A man might say a black woman is meaner probably because the guy is ignorant. Has the thought ever occurred that black men today act stupider?"

J. J., New Brunswick.

McPherson, McCall winners at art contest



UNION—Constance McPherson, (above) of Plainfield, poses with her winning artwork at the 1996 Union County Senior Citizen Art Contest and Exhibit recently held at the Elizabethtown Gas Company in Union. Eva McCall, (below) of Plainfield, poses with Freesholder Linda Lee Kelly at the 1996 Union County Senior Citizen Art Contest and Exhibit recently held at the Elizabethtown Gas Company in Union. The contest was sponsored by the Union County Board of Chosen Freeholders; Dept. of Human Services, Division on Aging; and the Division of Parks and Recreation, Office of Cultural and Heritage Affairs.



Free classes available at NewarkY

NEWARK—Area residents are invited to "Try The Y For Free" from Monday, September 9 through Saturday, September 14 at the Newark YMCA, 600 Broad Street, Newark. Throughout the week, all classes and programs for both adults and children are free and open to the public. "Try The Y For Free" Week will culminate with an Open House Grand Bash Registration on Saturday, Sept. 14.

Among the classes and programs which the public may participate in during the free trial week are Karate, swim lessons, aqua and step aerobics, and various weight training classes. New programs which have been added to the Y's course offerings for the upcoming Fall Session, which begins September 16, include Kundalini Yoga, Soccer, African/American Dance Workshops and Capoeira, a Brazilian martial arts form that incorporates dance, acrobatics and music.

Area residents interested in attending "Try The Y For Free" classes are advised to wear appropriate workout or swimming attire, and to bring their own towel if they plan to participate in swimming or aqua aerobics classes. For daily class schedules and additional information, call 201-596-6818.

NATION

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Helping black boys black become men

by Marian Wright Edelman

As Hugh Jackson sees it, black boys are in such a bind that only black men can save them.

"Black men taking charge in the black community—morally, socially, educationally, economically, and politically—is our last, best hope," says Jackson, who founded the Michigan Association for Leadership Development (MALD) as a way to turn black boys into productive black men.

"If black men fail to rise to the occasion, the madness and the senseless loss and waste of precious resources will go on unabated," Jackson explained.

In 1980, a group of young black men approached Jackson, who at the time was president of the Pontiac Area Urban League and a respected community leader, and urged him to start an organization geared toward black boys.

The Urban League had established a notable record on addressing issues affecting all black Americans, but given the area's rising drug problem, violence, and incarceration rates among black males, Jackson agreed

there was a need for a group that specifically dealt with the concerns of black boys.

Under Jackson's direction, MALD focuses on meeting what he calls the boys' "fundamental needs": spirituality, a historical connection, education, economic direction, and nonviolent discipline. "We have gotten away from our spiritual needs," Jackson says.

"In addition, if you don't know your history, you must believe in getting an education at all costs. You must be economically empowered in today's world. And in this violent society, you must be nonviolent."

These are the principles that undergird all MALD activities. Black men regularly pray with the boys and accompany them to church, where the boys are encouraged to stand before the congregation and speak freely about their lives.

The boys visit the library together to learn about their great historical traditions, and are introduced to black scholars and historians. There are several fun field trips, seminars, and essay contests, all geared toward

teaching history and improving academics.

They are taught that "education makes dollars and sense," says Jackson, noting that boys are given monetary rewards when their grade point averages are 2.5 or better. "The idea is that education pays off."

Funded by the National Science Foundation, MALD also raises the skill levels of black and other minority youth in math and science. "Once they complete this program, they can enter high school better prepared to compete and achieve in the world of math and science," Jackson says.

Jackson also collaborated with churches and other community organizations. "We needed the cooperation of black churches first," he says. "Then we sought the help of black fraternities, sororities, and individuals."

MALD is not funded by government but by occasional grants and private donations. The United Way has recently come on board as a major contributor and MALD's Pontiac headquarters was donated by the late widow of a prominent Black Michigan lawyer.

"The most noble accomplishment of this organization would be to get Black churches really concerned and working to evangelize black boys," Jackson says.

"I'm not talking about denominationalism, doctrine, or dogma. I'm talking about loving your neighbor as yourself, having character, and respecting authority. We can have the greatest impact on these young lives by helping them realize that God has created them for a positive purpose, not killing each other or cursing out the teacher."

"When most of these boys arrived to our program, their self-esteem was so low that they could barely speak above a whisper—you had to be two feet in front of them to hear them," Jackson says. "Now, they are so confident and proud to be who they are that they have no problem speaking loudly to 300 or 400 people."

Many of them are now leaders in their communities and in their schools; and many will go on to complete college. Now they are doing well, and they want everyone to know what is happening in their lives."

National News at a Glance

SIXTEEN PUNISHED IN RON BROWN CRASH

QUERY

The U.S. Air Force has severely reprimanded 16 killed in connection with the April 3 crash of the Air Force CT-43 that killed Commerce Secretary Ron Brown and 34 others, reports the Los Angeles Sentinel. Brig. Gen. William C. Stevens, the commander of the 88th Airlift Wing at Ramstein Air Base in Germany, and his operations commander, Col. John E. Mazurowski, were singled out for the most serious punishment. Stevens was punished for "dereliction of duty" for negligently failing to ensure that government directives had been followed regarding reviews of airport safety under his command. Mazurowski was penalized for "dereliction of duty for willfully failing to ensure that the same directives were followed. Article 15 reprimands are the highest form of non-judicial punishment given out by the service, one step below a court-martial.—WASHINGTON, DC

RESOURCE GUIDE AVAILABLE TO PARENTS

An African-American Parents Resource Guide is available to assist parents, grandparents, foster parents, and legal guardians in motivating their children to become high achievers. The guide contains books, plays, pledges and contracts specially created to help parents reach their successful parenting goals. One of the most unique products in the resource guide are plays created specifically for African-American children. "This is the only resource guide that provides products directed specifically at African-American parents," says Jeffery Bradley, publisher and editor of the guide. For a free copy call (800) 687-8346, or write to: Forward Communications, P.O. Box 9031NR, Dallas, Tex., 75209-9031.—DALLAS, TX

EMBASSY OF NIGERIA SET ON FIRE

A lone arsonist went into the basement of the Rio de Janeiro-based Nigerian Embassy in July and set fire to the building, reports the African Sun Times. However, officials quickly put out the fire before fire engines arrived. The arsonist reportedly had been angered because Nigeria beat Brazil in the soccer semi-finals of the Olympic games in Atlanta, Ga. Nigeria won the semi-final game in its 94th minute, four minutes into overtime and then secured the gold medal by beating Argentina in the final. Brazilian authorities sent an apology to the Nigerian government after the fire. Meanwhile, Nigerians were asked not to retaliate against Brazilians.—BRAZIL

SECURITY DEBATE HAS IMPLICATIONS FOR U.N. MISSION TO HAITI

Fueled by recent acts of violence, debate is raging in Haiti over whether or not the country is safe. The debate is viewed as critical to the future of the U.N. Support Mission (MANUH), that has a mandate set to expire at the end of the year. MANUH officials say the local press has blown recent incidents of violence out of proportion. But journalists say rather than engaging in tip-picking over definitions, the authorities should take urgent action to control the situation. In the most recent unsettling incident, eight former soldiers and 15 political activists were arrested at the headquarters of the right wing Mobilization for National Development party. A day later, unidentified assailants attacked the police station where the soldiers and activists were being held. They stormed the parliament as well. Discussion is underway as to whether to wait until December to request a continuation of the U.N. peace-keeping force, whether security forces should be beefed up now, or if a new army should be created to replace the one disbanded in 1994.—HAITI

Congressional Black Caucus convenes in DC

by Carla Sanders

NPWA WIRE SERVICE—Antimpressive village of Black intelligentsia, political power; artistic influence and social significance will gather for the Congressional Black Caucus Forum (CBCF) 26th Annual Legislative Conference (ALC), Sept. 11-15 at the Convention Center, in Washington, D.C.

The theme of the conference is "Yesterday, Today and Tomorrow" and all of African America is invited. Forty black members of Congress will participate under the umbrella of the bi-partisan Congressional Black Caucus (CBC).

The CBC will hold forums and

workshops, tackle political issues and juvenile Congressional brain trust, providing a national forum to examine strategies and viable solutions to the effects of public policy on African-American life. The conference also provides an arena to commune with the strikingly positive contributions black culture has on the lives of all Americans.

Congressman John Conyers, Jr., Michigan, the ranking Democratic member of Congress' Judiciary Committee and CBC dean, has made sure Jazz has a place of prominence during the party's activities.

On Thursday, Sept. 12 at 4:30 p.m., "Jazz: Its Yesterday, Today and Its Potential Tomorrow," will examine

this indigenous, uniquely Black American "musical synthesis." The forum will be followed at 7 p.m. by a jazz concert featuring leading jazz musicians.

In 1987, Congressman Conyers authored a resolution designating jazz "a rare and valuable national African treasure."

CBC chairman, Congressman Donald Payne, New Jersey, will host two forums. The first will be held Sept. 12 at 12:30 p.m. Entitled "Literacy: the Cornerstone of African-American Advancement," this forum will feature an intellectually, politically and socially diverse panel of African Americans who want solutions to the disproportionate rates of illiteracy

among black youth.

The second forum will be held Friday, Sept. 13 at 9 a.m. Congressman Payne, who serves on the International Relations Committee and its subcommittee on Africa, will also chair a foreign affairs brain trust entitled "Conflict Resolution in Africa."

A comprehensive list of ALC events is available from the CBCF. Remember, many conference events run together. Schedules are also subject to change.

Contact the automated CBCF Annual Legislative Caucus information line at 1-800-784-2577 for registration information, ticket prices and further details about scheduling and hotel locations.

Learning to read... helping with school lessons... visiting a museum... just fun at summer camp.

That's what PSE&G's Community Partners for Youth program is all about; a commitment to help groups in your community to work together to improve the lives of our children, now, and in the future.

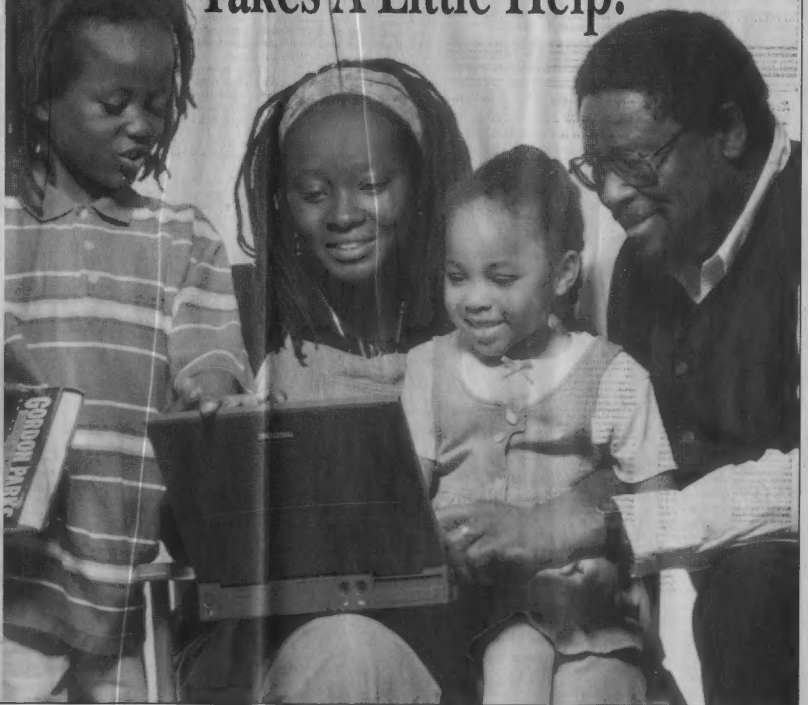
Every year, we bring together selected groups in your community and help them to develop joint programs that are meaningful and that really work. We're proud of what you've accomplished.

To us, the power of youth is indeed a precious resource.

The Power of Commitment



Sometimes, Growing Up Takes A Little Help.



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EDITORIAL

Clinton's disdain for Sadaam Hussein

Just when America, and perhaps the world, thought of President Bill Clinton as a weak defense leader, especially since American citizens began to experience what they once only witnessed through World News media—herbicide acts of terrorism—he has put his foot down to let the world know that if he's elected to the next presidency, he will be an effective Commander-in-Chief.

Although any "hot" war activity is a terrible reality because innocent people lose their lives, Clinton's missile attacks on Iraq because of Sadaam Hussein's violation of the no-fly zone in this country are perhaps the right thing to do. Colin Powell, Republican and former chairman of the Joint Chiefs of Staff, even agreed with his political ideological opponent, Hussein, Powell may have agreed only because of his past involvement with Hussein during the Gulf War.

Despite France, Russia, and a host of Middle East countries labeling America "the world's biggest bully," it is important that as a super power, we strive to increase world peace. And we all know if Hussein is allowed to do what ever he pleases, world peace could escalate into a world war.

Again, war is not a good thing at the cost taking so many human lives. However, there are times when war—if it's strategically and tactically planned—is necessary to prevent that which is evil and intent of destruction and oppression. It is agreeable that Clinton planned his decision well, hopefully scaring off Hussein.

The tale of three Bronx boys

by Bruce Kariem

It's been said that there are over ten million stories in the naked city. Perhaps this Bronx tale is just one of them. Indeed, the southern Bronx neighborhood that bordered Morris Avenue and Yankee Stadium during the 1950's can be said to have produced a number of stellar intellects, each possessing their own degrees of intellectual acumen and ideological world opinion. The story of three youngsters who came of age during that era and in that neighborhood—Colin, Elombré and Richard—made for an interesting exchange of ideas.

Each gives, perhaps, a crystal clear look at the way America and, indeed, life itself can shape the thinking and career paths that Black Americans are apt to take. It's been said on any number of occasions, and it is indeed true, that African Americans are not a monolith when it comes to political ideology. The Bronx tale of Richard, Elombré and Colin and their divergent paths to manhood will prove his point to many.

The only thing that I know for sure about Richard is that he became an articulate spokesman for the Black Panther Party during the late 1960's and early '70's, eventually becoming known as Dhoruba Bin Wahad. He's presently involved in a lawsuit against the New York City Police Department, claiming that the department suppressed evidence during his 1973 trial that would have proven his innocence.

Dhoruba was convicted of killing a police officer and served 19 years in prison. His conviction was overturned in 1990, and many believe that Bin Wahad's conviction was part of an FBI-injected CONTELPRO operation. In an unprecedented move, New York City Mayor, Rudolph Giuliani, has rejected the advice of city lawyers to settle Bin Wahad's suit, apparently deciding instead to appear to people's brains by continuing with a court case that no one believes he can win. Dhoruba views this decision on the part of the Mayor as good. He sees it as a chance to bring some of the illegal actions of the FBI and NYPD to the forefront. Dhoruba Bin Wahad is recognized today as a world-renowned advocate of human rights and has

formed an organization seeking the freedom of all black political prisoners. African intellectual, Elombré Brath, and former General Colin Powell are the other two men, who as boys during the 1950s roamed that South Bronx neighborhood. Those two knew each other during that era, attending the same elementary school and playing basketball in the same church.

And, indeed, Elombré has some very interesting things to say about the nearly-pacified darling of the GOP, Colin Powell. "He always had a hang-up about color during that time," says Brath, "and from what I can see today he never has changed. He once made a racial comment to me and I chased him up three flights of stairs." If the cultural maturity of Colin Powell is the same today as it was when he apparently made a negative reference to Elombré Brath's dark skin, should Black Americans be surprised that the ultra-right and ultra-white GOPers think that he is the greatest invention since cotton candy? I don't think so. Elombré Brath went on to play a role in talk show that "most of those whites who make up the Republican party knew very little about Colin Powell. They were only familiar with his war record. And apparently the realization that he would be willing to bomb black men, women and children was enough for them."

One of the country's most prolific writers informed me that Powell made an appearance at one of the three trials of Dhoruba Bin Wahad, leading me to speculate that the good General was a CONTELPRO operative. If this assertion were proven true, I, for one, wouldn't be shocked in the least.

As television viewers witnessed during the San Diego Klan fest, a White man, then an executive at Sears, Roebuck & Co. But that was before I joined the National Association of Black Journalists (NABJ).

Last year, the largest and most influential group of black reporters, ever, embarrassed itself even by the own standards when its board of directors refused to support international appeals in behalf of one of its former local chapter residents.

What's worse, I, Abu Jamal (who I am convinced is absolutely innocent of murdering a Philly police officer) was scheduled to be put to death in Pennsylvania's electric chair, while NABJ members pursued on third day of their convention in that state.

With that, I thought I had seen everything in "black" media sheen magazines, sarcastically renaming the NABJ with a new sobriquet the National Association of Bourgeoisie

by Gov. Christine Todd Whitman

Last month, the welfare reform legislation was signed into law. Now, finally, New Jersey will have the freedom and flexibility to design a new escape route from welfare's poverty by offering a pathway to work.

Here in New Jersey, we're ready to move people on welfare quickly down the road to self-sufficiency and into work. In fact, it ends the welfare system program in the world is a job.

The most telling example of such comes from a number of welfare recipients I met during a visit to a job training center in Camden.

A place where they've already put into practice the concepts we have put to paper. They are working to improve their lives and their skills. In doing so, they are strengthening the personal responsibility and embracing the habits they need to become productive, self-sufficient citizens.

It's time to get back to making welfare temporary and making work pay.

Acquiring black political power in the 21st Century

by Dr. Conrad W. Worrill

1996 is a big political year in the United States, that culminates in the presidential elections in November.

And as the season nears, the question still facing the African Community in America is what are the best methods for us to achieve Black political power? I would remind readers that "politics is the science of what gets what, when, where, and most important of all, how."

Since 1966, when Kwame Toure (formerly known as Stokely Carmichael) made his protest comment that what African people in America needed to strive for was Black Power, the dynamics of Black politics in America have shifted drastically.

Thirty years later, there are more than 8,000 Black elected officials in the United States, including more than 40 congressmen and congresswomen, U.S. Senator, more than 400 Black mayors and about 25 state senators and state representatives. And numerous local elected officials in a variety of electoral and appointed political positions. Most of these elected and appointed officials are Democrats.

With this number of elected, and appointed officials, the question must be raised that with just four years before the 21st century, do African people in America have political power to the extent that we can determine significantly, throughout the

United States, "who gets what, when, where, and most important of all, how?" The answer to this question is an obvious—No!

The call for Black Power in 1966 led to the organizing of the first Black Power Conference that was convened on Saturday, Sept. 3, 1966 at the Rayburn House Office Building in Washington, DC. The session was called by the late, Congressman Adam Clayton Powell and was generally referred to as a National Planning Committee.

As a result of this first conference, several more were held in Newark, New Jersey in 1967; in Philadelphia in 1968 and the Fourth International Black Power Conference, held in Bermuda in 1969.

As an outgrowth of conferences, the Congress of African People Conference was called in the summer of 1970 in Atlanta, Ga. More than 3,000 people of African ancestry attended this meeting. It was here that a resolution was adopted that a political structure be established to create a National Black Political Convention.

This historic First National Black Political Convention took place in Gary, Ind. in March of 1972. More than 8,000 people were in attendance and participated in this historic gathering.

The follow-up created a structure called the National Black Political Assembly which was to continue permanently after the convention. Additionally, it was the aim of the Assembly to develop a new Black Politics and orga-

nize the National Black Political Agenda" that was established at the convention.

The introduction of the 1972 Gary National Black Political Convention agenda stated some profound truths of which we should be reminded as we prepare for the upcoming political season.

Firstly, it stated that "Irene A. Gary, let us never forget that while the times and the names and the parties have continually changed, one truth has faced us insistently, never changing: Both parties have betrayed us whenever their interest conflicted with ours (which was most of the time), and whenever our forces were unorganized and dependent, quiescent and compliant."

Continuing, it explained, "Nor should this be surprising, for by now we must know that the American political system, like all other white institutions in America, was designed to operate for the benefit of the white race. It was never meant to do anything else."

"So when we turn to a Black Agenda for the seventies, we move in the truth of history, in the reality of the times. We move recognizing that no one else is going to represent our interest but ourselves. The society we seek cannot come unless Black people organize to advance its coming. We lift up a Black Agenda recognizing that white America moves towards the

abyss created by its own racist agenda, misplaced priorities, rampant materialism, and ethical bankruptcy," the agenda continued.

As we prepare for November, we should keep these fundamental truths in our spirit as we continue to seek the acquisition of Black political power. We must also be reminded that in the Mission Statement of the Million Man March, we committed ourselves to the "follow-up development of an expanded Black political agenda and the holding of a Black Political Convention to forge this agenda for progressive political change."

There are numerous committees working on this convention concept as well as on the other aspect of this project called for in the Mission Statement. That is the organizing of "a massive and on-going voter registration of Black people as independents; using our vote to insist and insure that candidates address the Black agenda and creating and sustaining a progressive independent political movement."

Finally, we must stop telling the Black vote to white political interest that don't benefit the masses of our people. If African people in America are to truly acquire political power, we must develop true independent strategies apart from the Democratic Party, the Republican Party, or any other white-dominated political party. We must be clear to all by now!

Black journalism group outdoes itself

by Asika Muhammad

Remembering the song from Walt Disney's cartoon *Dumbo*, "though I had seen everything when I was a reporter in Chicago and member of a group called the National Association of Black Journalists (NABJ) was not an executive at Sears, Roebuck & Co. But that was before I joined the National Association of Black Journalists (NABJ).

Last year, the largest and most influential group of black reporters, ever, embarrassed itself even by the own standards when its board of directors refused to support international appeals in behalf of one of its former local chapter residents.

What's worse, I, Abu Jamal (who I am convinced is absolutely innocent of murdering a Philly police officer) was scheduled to be put to death in Pennsylvania's electric chair, while NABJ members pursued on third day of their convention in that state.

With that, I thought I had seen everything in "black" media sheen magazines, sarcastically renaming the NABJ with a new sobriquet the National Association of Bourgeoisie

Journalists.

But this year NABJ has outdone itself and Chicago's Black Media Reps to boot! This year, NABJ has conferred its most prestigious award, the 14th annual "Black Book Award," to Washington Post reporter Donald E. Graham.

Now perhaps, the group deserves to be known as the National Association of Black-slapping journalists, or maybe better as the National Association of Boot-licking Journalists.

This is in no way a slap at Mr. Graham, who is rare among major metropolitan newspaper publishers for promoting diversity among senior managers; in the newsmen of his flagship paper; as well as in the management of *The Washington Post*. Co. But in fairness, perhaps Mr. Katherine Graham—Mr. Graham's mother, who ran the newspaper into an international icon, and who did it with sensitivity to those principles of diversity for which Mr. Graham is now recognized—better deserves the comparison with the most historic black woman in American journalism.

Still, I have this mental block. As deserving of recognition as Mr. (or Mrs.) Graham and the *Post* may be from blacks, I just can't envision an award named for a Black woman who's remembered in every historical account of black journalism and of the fight against the 100 years of lynching of blacks in this country, who is a cofounder of the National Association for the Advancement of Colored People (NAACP), whose printing press was burned and whose life was threatened by white media because of editorialists she had written supporting a boycott of white businesses as a protest against lynching and denouncing white women who provoked mobs by yelling "Rape!" when caught in the arms of black lovers; I just can't fathom giving

an award named for such a black woman to just any old money-bags publisher who underwrites a dinner, or who employs several members of an organization!

Why not just give Mr. Graham or George O'Hare for that matter) the "Humanitarian of the Year" award like all the other black groups depending on white philanthropy do when they need to sell tables at their fund raisers?

In Chicago in the 1970s (like Washington Post executives in the 1980s and 1990s) George O'Hare was a pioneer. He was the executive who said

show no inclination to work.

For most people on welfare now, that will not be a problem. Even without the help of Work First New Jersey, most welfare recipients leave welfare in less than five years. This program is designed to help them stay off welfare. Once they start a job, we allow them to keep more of what they earn as a transition while extending health care and child care.

Can we help welfare recipients find jobs? Of course. The job market for entry-level jobs is growing. They may not be the perfect jobs, but they are a good beginning. And once someone starts to work, more opportunities develop.

For an overwhelming majority of those on public assistance, welfare should not be a permanent way of life. In New Jersey it won't be. By stressing personal responsibility and promoting opportunity, Work First New Jersey will strengthen families by moving people on welfare into the mainstream of American life.

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Quote of the week

We people have made the mistake of confusing the methods with the objectives. As long as we agree on objectives, we should never fall out with each other just because we believe in different methods or tactics or strategy...

—Malcolm X

Scenes from the Democratic Convention

Democrats say jobs are answer to poverty problems

by Julianne Malveaux

CHICAGO—Congresswoman Maxine Waters told the Democratic National Convention, "If we want to break the cycle of poverty, the answer is jobs, jobs, jobs." Fiery and blustering, she told those assembled that "I will never abandon the welfare families and children of America." But she added, "Mr. President, I am going to ask welfare mothers to re-elect you and to boot Newt. Let's correct this bill you just signed and develop true leadership on this issue."

Throughout the Convention, division and disappointment over welfare reform was a sore point. Like many others, Waters has urged the re-election of Clinton, but also noted that voters have to hold him accountable on our country's treatment of poor children.

"We have to elect this man on November 5, and then we have to sit down and negotiate on November 6," she told African-American delegates. Rev. Jesse Jackson described Pres-

ident Clinton as the "last line of defense" against Bob Dole and Newt Gingrich.

On the convention floor, North Carolina Senatorial candidate Harvey Gantt said that, "While I support Clinton's re-election, I do not agree with him on welfare reform. I do not support the removal of guarantees for children. There are plenty of things that need to be fixed in this legislation, and when I am elected to the United States Senate, I will make sure that we work to change this legislation."

Director of Columbia congressional representative Eleanor Holmes Norton was also critical of the bill that Clinton signed. "The welfare bill is worse than people know, especially for large cities, where jobs are hard to come by. We want to re-elect President Clinton with long coal tails so that we are sure this legislation is not the last word on this issue."

Charles McKeay, a Wichita, KS, architect who attended the 1988 convention as a Jackson delegate, was in

Chicago to assist African American in Kansas said "Jobs are the solutions to the welfare problem." McKeay started a construction company in 1994 to build low-cost modular homes for low-income families. His company, McKeay Manufacturing Company, Inc., employs unskilled workers, welfare mothers, former drug addicts, and others described as "unemployable" and trains them to build modular homes. "These workers are paid a living wage, they get health care, full union benefits, and raises every six months," McKeay said. "Through their jobs at his company, two former welfare mothers have already qualified to buy their own homes."

McKeay said he understood President Clinton's decision to sign the welfare reform bill "given the politics." While he said he was disappointed with welfare reform, nothing could convince him to support Republican Presidential candidate Bob Dole. "Look, I am from Kansas. I know Bob Dole. He lies more than anyone I know. For a long time I was the only black architect in the state. I never got a job from Bob Dole. I never got a referral from Bob Dole. The black community gets nothing from Bob Dole. We never have and we never will."

Jackson defines the "illogic" of blacks supporting Colin Powell's team



Rev. Jesse Jackson delivered a special message to the delegates at the Democratic National Convention and received an enthusiastic reception.

CHICAGO—Speaking before the Democratic National Committee's Black Caucus on the closing day of the Democratic Convention, Rev. Jesse Jackson skillfully dealt with "the General Colin Powell factor" as an active supporter of the Republican presidential slate.

Carefully selecting his words, Jackson said, "General Colin Powell is an intelligent man, a man for whom I have the highest respect. If you're playing with the Dodgers and your brother is playing with the Yankees, you can admire your brother because you have common parents. However, you are not

going to lose the ball game just because he is your brother playing and he is in a different uniform."

"If Powell's team wins, you have Dole, Gingrich, Trent Lott, and (Justice) Scalia and Clarence Thomas will have more commissions on the Supreme Court. That's their team, not our team," Jackson said.

Continuing his discussion of the "Powell factor," Jackson said, "When I was in school, I learned something about logic...whereas and therefore. All of you who are legislators understand whereas and therefore. There must be some logic between the

whereas and the therefore."

"So, if Mr. Powell would say...whereas my immigrant parents were protected by the sensitivity of a Democratic-labor-civil-rights Congress; whereas the military was segregated by President Harry Truman at the urging of A. Philip Randolph and the NAACP; whereas we got public accommodations and the right to vote because of Presidents Kennedy, Johnson and Carter, inspired by Dr. Martin Luther King, Jr.; and whereas I got my break to become a general under affirmative action, inspired by President Jimmy Carter and Amy Secretary Clifford Alexander...therefore...therefore...I endorse those who would deny these same rights to my next generation."

Jackson explained that, "This is a non sequitur. This is not coherent. This does not stand to reason. And so we have an obligation not to be confused or diverted in 1996. We cannot let this become like 1986 because we did less than our best. They are burning churches, repealing legislation, taking our people out of Congress. It's time to draw the line, stand up and fight back."

"And if we fight back and fight back in coalitions, across the lines of race, sex, and religion, we will stand and deliver our support for President Clinton and a new Congress. I will travel city to city and leave no stone unturned to defeat the radical wave."

African-American delegates agree to re-elect Clinton

(NNPA WIRE SVS.) CHICAGO, IL.—In the opening day of the Democratic National Convention, African American Democrats, members of the U.S. Congress, elected officials, Clinton cabinet members, and grassroots workers, expressed their enthusiastic agreement on one point in order for African Americans to survive the threat of the Republican radical right. President Bill Clinton and Democratic members of Congress must be re-elected.

At a standing-room only session hosted by the Democratic National Convention (DNC) Black Caucus and chaired by Congressional Black Caucus (CBC) Chairman Donald Payne (D, NJ), over 1,000 African-American delegates listened intently as a parade of well-known Democrats spoke emotionally and eloquently on a plan of action to mobilize "our forces to over-throw the enemies of affirmative action and equal opportunities in education, employment, and housing."

Rep. Jackson, a son of the Rev. Jesse Jackson Sr., cited his number one priority as African American delegates appointed to the federal judiciary under President Clinton's leadership and the record number serving in the Clinton Administration. He emphasized that President Clinton has provided more jobs and opportunities for African Americans than any other president in modern history.

Despite some concern by Democratic members of the Congressional Black Caucus, CBC Chairman Payne said, "We all will be much better off with a Democratic President in the White House than a Republican. Clinton has provided more jobs and opportunities for African Americans than any other president in modern history."

Legislation to undo many of the debilitating effects of a new welfare reform bill has already been drafted. And with the election of Bill Clinton and the election of enough Democrats to regain control of the Congress, our life will be better and our future brighter."

Several speakers warned the delegates not to be fooled by Republican rhetoric that is "party of Lincoln, diversity and inclusion." "That is bunk," exclaimed Congresswoman Cynthia McKinney, who recalled how Republican convention cameras strategically focused on African-Americans faces during its convention in San Diego, despite the fact that only 64 African Americans served as delegates to the convention—less than three percent.

Citing the 1,100 African-American delegates at the Democratic Convention, McKinney proclaimed, "The Democratic Party, not the Republican Party, is the party of diversity and inclusion. There is no debate on this issue. Case closed."

Congresswoman Meek urged African American delegates "to go to work when they return home, carry the message of hope and opportunity of the Democratic Party to our people, inspire and energize them to register, if they are not already registered to vote, and on November 8, whether it's raining or shining, get them to the polls in massive numbers. There can be no excuse for not winning in November."

Congresswoman Meek brought the delegates to their feet when she said, "Despite the Republican Party's efforts to cover up its tarnished image and reputation among African Americans, the last Republican to do anything for African Americans was President Abraham Lincoln."

by Julianne Malveaux

CHICAGO—"I really miss him," said Alma Arrington-Young, speaking of her husband, the late Commerce Secretary Ronald Harmon Brown. Poised and serene, the widow of four months describes the days since her husband's death as "full and productive," but occasionally difficult.

"It is especially hard for me in this political season," Alma Brown mused. I used to call him when he was on the road to tell him about something I'd seen on television and he'd come back a few minutes to talk. He had some of the most absorbing conversations about politics. I still talk to him."

Alma Brown does "I tell many of her dear friends and neighbors how, instead, she has been a model of composure. Friends and relatives describe her as a "rock" whose graciousness has helped her children and grandchildren get through the shock of the plane crash that killed Ron Brown and 34 others in April.

Since April, Michael Tracey and Alma Brown have attended dozens of meetings and events where Ron Brown has been honored and remembered. The family chose the Democratic National Convention as the place to announce the formation of the Ronald H. Brown Foundation and to hold a fund raising event to implement programs in education, policy development, and global commerce.

During the opening session of the 1996 Democratic National Convention, she thanked friends and supporters for expressions of sympathy and said that "While Ron may not be with us, I know he is looking down on these proceedings with that little smile of his, while he maps out a campaign strategy and cheers us on every step of the way."

He also made vague allusions to Minister Louis Farrakhan refuses to give up the people who blew up Pan Am 103, they will pay a price from the United States," by being isolated in international trade. Earlier in the day, the federal government had denied Farrakhan the opportunity to receive \$1 billion dollar gift from Libya which the Minister claims he will use to empower Black America. Would President Clinton listen to blacks if Farrakhan, teamed with others, actually had a credible plan to strengthen black America's economic deficit?

As I left the United Center with the loyalists, I was anxious to see if the pundits, reporters and analysts saw the speech the way I did. I wanted to hear the analysts about whether Clinton could accomplish all he claimed. But to my distress, besides criticizing the speech's length, the television shows were all discussing presidential aide Dick Morris' personal, sexual problems. The pundits were contextualizing a connection between Morris' bedroom activities and policy issues as though Americans actually cared about this common join who a call girl received the presidential speeches before we heard them.

Flanked by her children Michael Tracey, and serenaded by musician Kenny G, Mrs. Brown basked in the affection and appreciation of the more than 4,000 Democratic delegates that greeted her with a standing ovation.

The convention opening was a busy day for Mrs. Brown. She was present for both the afternoon and evening sessions of the convention, where she was named Honorary Chair of the Convention. After her evening remarks, she hosted a capacity crowd at the Grand Ball room of Chicago's Navy Pier to benefit the newly-created Ronald H. Brown Foundation.

Already the Foundation has raised \$2 million to implement its programs, which include the establishment of Ronald L. Brown politics and Commercial Diplomacy Center affiliated with

both Middlebury College and Howard University. Additionally, an anonymous donor has committed funds to send 10 of the nation's most promising African-American students to the college of their choice.

Although the formation of the Brown Foundation has been time-consuming, Mrs. Brown also has been named Vice President of the Maryland-based Chevy Chase Bank. Her work focuses on the public, corporate, and external affairs of the bank, an assignment she has held for nearly two years.

She also occupies her time with two grandsons who, she says, remind her of her late husband. "Some people dread becoming grandparents, but we were blessed," said Alma Brown.

Her smile brightened as she remembered converting son Michael's

room into a haven for the twin boys. "We wanted to spend as much time with them as we could," Mrs. Brown said, recalling evenings when she and Ron Brown shared grandparenting duties.

In her role as Honorary Convention Chair, Alma Brown spent the convention week participating in Democratic Party events—an environment she describes as "happy and supportive." She also spent the week remembering her late husband. "Four years ago, Ron presided over one of the most successful conventions in history," Alma Brown recalled. "I keep imagining him here, imagining our conversations, imagining how he'd look forward to fighting for four more years for President Clinton."

IS IT IMPORTANT FOR YOU TO KNOW

YES NO

Is it important to know the positive accomplishments of African American men & women, boys, girls, religious, educational, social, civic and political leaders?

YES NO

Is it important for you to know the stores & companies that want African American business & want to hire African Americans?

YES NO

Is it important for you to know what is happening in your churches, schools, civic & social organizations, and city government and its agencies?

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The Convention ends but questions persist

by Rhinold Lamar Ponder

At the end of a Hollywood-produced film, designed to present the personal side of Bill Clinton, the Arkansas who would be president again, walked onto the red, white and blue stage. The United Center, packed to the rafters with screaming supporters, went wild. From the skybox their ovation moved "like an imitating wave of nationalistic and patriotic across the crowd. And there he stood in the middle of the stage, awash in the power of the greatest nation on earth."

"It was difficult not to be swept by the moment as President Clinton accepted his party's nomination for the second time. Well before the blizzard of graffiti and balloons that ended the convention, a second term felt imminent. But then Clinton spoke and I was an outsider again. He gave a speech filled with substance and ideas for improving the nation, wrapping his democratic conservatism around universal values."

He shared his accomplishments and appealed to our great desire to dismantle gangs, remove guns from the streets, improve air travel safety and to provide health care for the unemployed and "universal" education for everyone. He talked about balancing the budget and preserving

Medicare, Medicaid, education and the environment.

Unfortunately, initially intoxicated by his enthusiastic response to his supporters, I could read every word on the big screen television behind him. Usually, we complain about the lack of substance but Clinton's speech was filled with partial ideas and unrealistic proposals. Although he claimed his proposals would be paid for in a balanced budget, he left us to wonder how he would save Medicare, education and the environment without raising social insurance, corporate or personal taxes or severely cutting defense or other programs.

He said he wanted to "help communities put welfare recipients to work right now." I sensed he was not talking about New Jersey and other states where even the state and major corporations are laying off workers to balance their own budgets.

He did not tell us how he would fix welfare, which should have scared the Mayors of majorities, like New York, Paterson, and Camden, which will be forced to find funding to save the children, unemployed, and homeless who fall through the social net. I got the feeling that the President was promoting a new, economic form of "states rights" asking us to depend on local politics to financially protect

the interest of poor and working people.

He also made vague allusions to Minister Louis Farrakhan refuses to give up the people who blew up Pan Am 103, they will pay a price from the United States," by being isolated in international trade. Earlier in the day, the federal government had denied Farrakhan the opportunity to receive \$1 billion dollar gift from Libya which the Minister claims he will use to empower Black America. Would President Clinton listen to blacks if Farrakhan, teamed with others, actually had a credible plan to strengthen black America's economic deficit?

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YOUTHBEAT

Kids Kalendar

THURSDAY SEPTEMBER 13

NEWARK—The City of Newark's Department of Health and Human Services is providing help through the second annual "School Bus Express Program" for parents and kids attending school for the first time. For more info call 908-733-7600.

MONDAY, SEPTEMBER 16

COLTSNECK—The Monmouth County Park System is offering its "Parent/Child 10 to 10's program" Morning Song at Dorrick Activity Center from 9:30 to 10:30 a.m. For more info call 908-842-4000.

SEPTEMBER 16 THRU OCTOBER 16

LINCOLN—The Ashtabula County Park System is offering its "Parent/Child 10 to 10's program" Morning Song at Dorrick Activity Center from 9:30 to 10:30 a.m. For more info call 908-842-4000.

SEPTEMBER 16 THRU 30

ROSELLE—The Roselle Free Public Library will host the Union County Teen Arts/Tutoring Exhibit. For more info call 908-686-2650.

SEPTEMBER 17 THRU OCTOBER 6

COLTSNECK—The Monmouth County Park System has scheduled "Folk Tales and Fun for kids 3 to 6 at Dorrick Activity Center from 9:30 to 10:30 a.m. For more info call 908-842-4000.

SEPTEMBER 17 THRU OCTOBER 29

COLTSNECK—The Monmouth County Park System invites parents and their kids 12 to 18 to participate in "Was This?" at Dorrick Activity Center from 2:30 to 3:30 p.m. For more info call 908-842-4000.

SEPTEMBER 17 TO OCTOBER 29

HOWELL—The Monmouth County Park System is offering its "Parent/Child 10 to 10's program" Morning Song at Manasquan Reservoir from 10:10 to 10:45 a.m. For more info call 908-842-4000.

SEPTEMBER 17 TO OCTOBER 29

COLTSNECK—The Monmouth County Park System is offering its "Parent/Child 10 to 10's program" Morning Song at Dorrick Activity Center and Manasquan Reservoir from 11:10 to 11:45 a.m. For more info call 908-842-4000.

Calendar listings should be sent two weeks in advance to ensure publication

The historic Apollo Theatre stage was the venue of the 26th annual Hal Jackson's Talented Teens International Scholarship Competition. There were 40 contestants between the ages of 13 and 17 from countries including Uganda, Puerto Rico, Japan, the British Virgin Islands, England, Germany, Panama, Canada, the Caribbean, as well as across the United States. This year's winner is Tiffany Walker, a Brooklynite who won the judges' approval with a dramatic interpretive modern dance to the song *Bridge Over Troubled Water*. Tiffany will be flown to London where she will perform the Notting Hill Carnival. The winner and runner-up won \$10,000 worth of cash prizes to be used for their education. Pictured with Hal Jackson (6) are (from left) 3rd runner-up, Miss Ohio, 17-year-old Tynara Smith; 1st runner-up, Miss Missouri, 15-year-old Essence Randolph; winner Tiffany Walker; 2nd runner-up, Miss Illinois, 13-year-old Denisha Hunter; and 4th runner-up, Miss South Carolina, 16-year-old Traci Gregg.

Kenan and Kel comes to primetime

NICKLEODON catapults into prime time with the network's first spin-off series, *Kenan and Kel*, a buddy comedy "Honey-mooner" for kids, starring Kenan Thompson and Kel Mitchell, two of the network's young actors from the sketch comedy and music series *All That*. The series, scheduled to premiere Saturday on Nickelodeon at 8 p.m., follows the adventures of Kenan and Kel as they take on the world of teenage dream after the thoughtless teen-agers disappear, but few dare to pursue. The series will air regularly on Saturday evenings at 8 p.m. on the network's SNICK (Saturday night NICKLEODON). Through their adventures, Kenan and Kel take on the world in their unique way. To Kenan, the obstacles teenage life are merely hurdles to find a way under, over and around. His dreams and schemes always lead his loyal pal Kel, who, unable to resist his buddy's infectious enthusiasm, inevitably finds himself along for the bumpy ride. From a schemer to the cooler groovy store where Kenan works to a late-night Chicago night club, to an outrageous party to a world that Kel has E.S.P., the duo constantly find themselves in predicaments.



Nulites enters the 'college zone'

NEW ORLEANS, LA.—In an effort to assist young African-Americans in setting and achieving higher education and career goals, Kraft Foods Inc. co-sponsored "What You Need to Succeed Day," a motivational and educational program, held recently as part of the National Urban League's Youth Conference, on the campus of Dillard University. The first half of "Succeed Day" featured "Entering the College Zone," a series of workshops designed by Kraft in conjunction with the National Black Child Development Institute, Inc. to present colleges as a real option to African-American youths. More than 500 student conferees, also known as the Urban League's "NULITES," participated in "Creating a High School Plan with an Eye Towards College," a seminar which helps young people develop a course of action in determining what special skills are needed to make them more attractive candidates to colleges, and "Financing Your Way Through



Pictured at the National Urban League's Youth Conference (from left) Charles L. Reed III, director of the external relations for Kraft Foods, conference keynote speaker, Dawn Staley of the U.S. Women's Basketball team and Hugh B. Price, president and CEO of the National Urban League.

the College Zone," a workshop which provides prospective students with information on possible financial resources and scholarship opportunities.

Following the morning session, the NULITES joined exhibitors, corporate representatives and National

Urban League officials at a luncheon co-sponsored by Kraft which featured a keynote address by Olympic gold medalist Dawn Staley of the U.S. Women's Basketball team. In her remarks, Staley stressed the importance of establishing goals as well as a plan for achieving them.

How many African-American McDonald's franchise owners are involved in their communities?

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C-Bear and Jamal joins Fox Children's line-up



The vocal cast of C-Bear and Jamal.

LOS ANGELES, CA.—Rapper-turned-actor Tone Loc (the thingy voice behind the 1993 song "Wild Thing") will debut as the lead voice and executive producer for the new Film Roman, Inc., animated television series *C-Bear and Jamal*, which made its fall season premiere on Saturday, September 7.

C-Bear and Jamal is the story of 10-year-old Jamal and his ultra-hip confidante, C-Bear. As Jamal embarks on his journey through adolescence he still needs a little guidance and encouragement from his teddy bear, C-Bear.

Fully equipped with magical powers and a hip-hop wardrobe (baggy pants, sunglasses and a baseball cap),

C-Bear is always looking for just the right adventure to help teach Jamal lessons in life. *C-Bear and Jamal* was designed to entertain and educate children while focusing on the value of friendship, responsibility and integrity.

C-Bear (Tone Loc) and Jamal (Arthur Reggie II) are joined by Jamal's widowed father, Hawthorne Wingo (George Wallace), grandparents (Dawn Lewis and Darryl Sivad) and best buddies Maya (Kim Fields Freeman), Big Chill and Wanda (Aries Spears), Javier (Paul Rodriguez), Kim (Margaret Cho) and Chipster (Jeanne Elias). The all-star cast was graced with the successful talents of actress/director/producer Debbie Allen as voice director for the series.

RELIGION

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Religious Calendar

SATURDAY, SEPTEMBER 14
RAINY—One night only with Rev. Bernice King at the Union County Arts Center. Doors open at 5 p.m. Show begins at 7 p.m. For more info call 908-381-1950.

SUNDAY, SEPTEMBER 15
HASBROUCK HEIGHTS—John Rogers presents Gospel in Song Benefit Concert at the Crown Plaza from 8:30 to 11 p.m. For more info call 201-375-1821 or 343-6433.

MONDAY, SEPTEMBER 21
NEWARK—The First Mt. Zion Baptist Church will have a prayer breakfast at the Church at 9 a.m. as a prelude to their Annual Men and Women's Day. For more info call 201-242-4173.

ASBURY PARK—The Nation of Islam's Asbury Park study group presents "An Evening with the Righteous" at the Continental Ballroom of the Berkeley-Carter Hotel from 5 to 9 p.m. For more info call 908-968-0420.

SUNDAY, SEPTEMBER 22
NEWARK—First Mt. Zion's Annual Men and Women's Day will commence at 11 a.m. with Sister Ann Frank, the First Lady of First Baptist Church in Vauxhall as guest speaker.

FRIDAY, SEPTEMBER 27
NEWARK/NEWARK—The Mt. Zion CP Meeting Area Branch cordially invites you to an Inspirational Outreach Concert at Nicholas Music Center at 7:20 p.m.

'96 Kellogg Leadership Program needs candidates

American professionals who want to improve their leadership skills and abilities to help solve societal problems are being sought by the W.K. Kellogg Foundation of Battle Creek, Michigan, as candidates for Group XVI of the Kellogg National Leadership Program (KNLP).

Up to 40 individuals who are in the early years of their careers will be selected as fellows in this three-year, nondegree program. Each fellow receives a Foundation grant of \$39,000 over three years to design and pursue an individualized leadership action plan (IAP) and to participate in Foundation-sponsored leadership development laboratories and other related activities.

The employer of each award recipient must agree to provide the fellow with 25 percent released time to pursue KNLP activities. The Foundation will reimburse eligible employers 12.5 percent of the fellows' salaries (up to \$33,000 total for the three years). A monthly stipend may be available for self-employed fellows.

To apply for the Kellogg National Leadership Program, individuals may qualify in one of two ways. The first is to be nominated or employed by an organization having 501(c)(3) and 509a(1)(1), (2) or (3) status under the Internal Revenue Code. This nomination requires the endorsement of the applicant's immediate supervisor and the chief executive officer of the institution or agency.

The second is for individuals to nominate themselves. This includes persons employed by for-profit organizations, individuals who are self-employed, or those who are not employed. Candidates from for-profit organizations must have the endorsement of a supervisor who can authorize the released time to participate in the program.

Applications are available from presidents and deans of major colleges and universities, officials in public service institutions, the presidents of leading businesses across the nation, and the Kellogg Foundation 1-800-474-1800.

The deadline for applications is December 2. A selection committee has been appointed by the Foundation to determine fellowship recipients. An announcement of those chosen will be made in June 1997.

Missionary Baptist Church opens housing complex

NEWARK—Horizon Village began as an outreach program in 1987 from the parishes of the Smyrna Missionary Baptist Church who wanted to replace the vacant lots and abandoned building surrounding their church with affordable housing.

Before their plans came to fruition, the sanctuary of the church caved in and the church was demolished. However, this setback did not stop the dreams of Smyrna's Pastor Rev. Francis Gilliland and other community leaders.

Together they formed Community Urban Renewal Enterprise (C.U.R.E.) in 1994 to provide affordable housing and restore wholesome living to Newark's Central Ward.

Construction of Horizon Village began in 1996 with the help of Governor

Christie Todd Whitman's Urban Homeownership Program, the City of Newark, Summit Bank and J.P. Affordable Housing.

"This project was born out of the church and represents a nucleus of the community. Building affordable housing for purchase in a distressed community is a catalyst for rebirth," said Reverend Francis Gilliland, executive director of C.U.R.E.

On September 6th at 2:00 p.m. C.U.R.E. will celebrate the completion of their first phase of affordable housing in Newark's Central Ward—27 two-family homes.

Governor Christie Todd Whitman will be joined by Newark Mayor Sharpe James and Chief of Staff Harriet Diamond and various bene-

factors of Horizon Village in placing their hand in its fresh cement on the sidewalk at the new housing site to commemorate the occasion.

Horizon Village provides housing for 54 families. The side-by-side homes have all been sold to local residents. The homes, individually owned, have three-bedroom rental units. To date, 18 families have moved into their new dwellings.

C.U.R.E.'s future plans include a day care center, a community center which would provide job training for local residents; and to identify new areas in Newark's Central Ward to develop affordable housing for purchase. Parishioners of Smyrna Church are also working to rebuild their church for the community.

Island, NUL and ADL join forces to rebuild black churches



NEW YORK—Island Black Music has joined the Anti-Defamation League (ADL) and National Urban League in their recently mounted campaign to assist with the reconstruction of more than 50 predominantly black churches destroyed by arson over the past 18 months. As part of the overall fund-raising effort, Island Black Music will be releasing a single, entitled "Don't Give Up," and donating net profits from the sales to the ADL Rebuild the Churches Fund.

"Don't Give Up," set for release on Tuesday, August 27, features renowned gospel artists Karen Clark, Ezekiel Walker, Donald Lawrence (of the Tri City Singers) and Kirk Franklin.

Urging the public to support the forthcoming record, National Urban League President Hugh Price said: "We ask all Americans to pull together to protect religious freedom and to protect the black church, which has been so instrumental in family worship, self-help and community life."

Radio stations and music video programs will be asked to assist efforts by airing a PSA each time the song or video is played. The PSA will feature Karen Clark urging listeners and viewers to support the fund-raising campaign.

The forthcoming single is the most recent activity to be announced in support of the ADL Rebuild the Churches Fund, which was launched in conjunction with the National Urban League this past June.

The ADL began fund-raising efforts by placing full-page advertisements that asked for donations to help rebuild churches destroyed by the arsonist fires. The ads were placed in the *New York Times*, *Atlanta Journal-Constitution*, *Washington Post* and other major daily newspapers across the country. To date, the fund has collected more than \$160,000. Island Black Music has since partnered with the ADL and NUL to widen the reach of fund-raising campaign and increase contributions.

Since January 1995, more than 50 predominantly black churches, most in the South, have been torched by arsonists. In a June 8th Oval Office address, President Bill Clinton called the fires suspicious and said that, "it is clear that racial hostility is the driving force behind a number of these incidents."

Distribution of donations to the burned churches will be on-going. Donations can be made payable to the ADL-Rebuild the Churches Fund, 123 United Nations Plaza, NY, NY 10017.

Church of Christ Metro NJ to host Women's Day celebration

MONTCLAIR—Relationships, parenting, marriage and careers, are all hot topics for women everywhere. These items and many more will be the focus of lively discussions at the annual Women's Day forums hosted by the New York City Church of Christ, Metro New Jersey Region on September 14 and September 28.

Six hundred women from the northern New Jersey area are expected to

attend the presentations and focus groups featuring prominent women's ministry leaders. Lunch and live Broadway-style entertainment are also included in the day's activities.

"We are aiming to enable women to identify and conquer things in their life that have hindered their personal and spiritual growth," said Dr. Deborah Ware, one of the keynote speakers. "We will present from the

single woman's perspective on September 14 and from the married woman's view on September 28. I think women of all backgrounds will benefit."

The Women's Day forums will be at the Ramada Hotel in East Hanover on September 14 and at the Sheraton Plaza in Parsippany on September 28. Tickets for each event are \$25. For more information, call 800 WOMEN57.

Bethel A.M.E. celebrates Women's Day

ASBURY PARK—As a part of churches celebrating "Women's Day" across the state, Minister Evelyn Johnson will be the guest preacher at Bethel A.M.E. Church on Sunday, September 15, at 11 a.m. and 3:30 p.m.

Rev. Johnson was born in Birmingham, AL, the daughter of deacon

and deaconess Johnnie and Virginia Johnson. The third of ten, Rev. Johnson completed her public school education in Birmingham and later graduated from radiology school in San Antonio, TX.

Johnson dreams of joining the ministry began in 1962 and formulated

her in 1972. She displayed God's gifts in her teaching Bible and Sunday School, and leadership training. Currently, Johnson serves as assistant to the Pastor at St. Luke A.M.E. Church in Newark.

A&E's Mysteries Of The Bible series returns this fall

LOS ANGELES—For 2,000 years it has stood as the ultimate expression of human kind's spirituality, even as its enigmas have baffled scholars and challenged the faithful. This fall, A&E presents an all-new line-up of the fascinating accounts behind the legendary figures and fabled stories of the Bible, as the acclaimed *Mysteries Of The Bible* series returns to primetime on Thursday evenings at 10 p.m.

The following episodes will premiere worldwide. **Job**—September 12: Thousands of years ago the Book of Job, a story of a devout man who suffers horrendous misfortunes, was written into the Hebrew Bible. *Mysteries Of The Bible: Job* explores the history and implications of this ancient text. Some of the questions frequently asked about this story are: How can a loving God allow innocents to suffer? Did Job really exist? And where did the notion of "patience of Job" originate?

Jacob's Ladder—September 26: Jacob's vision of a magnificent stairway to heaven has both fascinated and perplexed people of all religions for centuries. Is this one of the few accounts of man's encounter with the divine? *Mysteries Of The Bible: Jacob's Ladder* examines the puzzling remains in a Hebrew cave that many believe contain the burial site of Jacob himself.

Cain And Abel: A Murder Mystery—October 24: The story of Cain and Abel is one of the most chilling accounts in the Bible, for in essence, it ob-

serves that the world's first murder remains unsolved to this day. Though Genesis records the name of the killer, every other detail is shrouded in mystery. What compelled Cain to do it? What was the mysterious mark God branded on Cain? Where is the Land of Nod, to which the guilty fugitive was banished?

Biblical Angels—November 14: They work quietly behind the scenes of the Bible's grandest moments. While their appearances continue to stir the imagination of those who regard angels as divine messengers from Heaven, wonder and debate still surround their functions. But what is known from the scriptures about the function of angels? Are they clearly described or set forth as figures of mystery? Do they appear regularly or seldom? Is it possible that they carry out God's will to this day, sent down to guide and protect us? *Mysteries Of The Bible: Angels* explores the fascinating and mysterious purpose of angels beyond the pages of the Bible.

Mysteries Of The Bible travels the world to ancient locations where archaeological findings, including ruins, artifacts, sacred biblical history. Archaeologists, historians and Bible experts provide fresh insight into the people and the history of the times when the Bible was compiled.

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HEALTH SPECIAL

Created by Sandra Wright

The status of healthcare for New Jersey's minorities Closing the gap

Continued from page A-1

Leading causes of death/major health issues affecting New Jersey's minority population has been limited due to a lack of statistical data.

To date, there have been far too few initiatives put in place to cut through cultural differences and language barriers in order to ascertain disease and lifestyle patterns, as well as other socio-economic deficits by ethnic group. Most of the current data pertains to only two of the minority groups. There is almost no comprehensive health information for American-Indians and Asian/Pacific Islanders.

Healthcare issues facing New Jersey Minority Groups

AIDS and HIV have increased steadily since 1981. New Jersey has the fifth highest AIDS affected population in the nation. Blacks and Latinos represent over 67 percent of the AIDS and HIV related cases and yet they make up only 19 percent (combined) of the state's population.

Black and Latino women represent over 78 percent of the AIDS and HIV related cases. Black and Latino

children make up 80 percent of all pediatric AIDS cases in the state; 19 percent are white and 1 percent unknown.

Infant mortality is two times higher than that of white children. Low birth weight babies among blacks is over 13 percent and over 7 percent for Latinos. Prenatal care commences for many black women some time in the second trimester. Most women (73 percent), regardless of race, pursue prenatal care during the first trimester. This benefiting from early intervention.

Chronic diseases, ranging from cancer to cardiovascular disorders and kidney disease plague minority communities. In the minority young adult population, sexually transmitted diseases (STDs), hepatitis B, tuberculosis and the measles are on the rise. Syphilis is twenty times higher in African men and four times higher in African American women.

Cancer mortality rates for all races and sex groups, except white females, increased beyond the national rates. Black females experienced the largest

increase among all race/sex groups. Black males increased proportionately with white males.

Several environmental and occupational health issues have resulted because New Jersey is a heavily industrialized state. Exposure to hazardous chemicals is concentrated in the workplace as well as residential areas where waste sites exist (e.g., Bergen, Essex, Middlesex, Hudson and Union counties). Further, the use of lead and asbestos in many city housing development, schools and old buildings has caused serious to fatal illnesses such as lead poisoning and asbestosis.

Most hazardous jobs are over-represented by minorities. Most often, minorities are not in a position to turn down hazardous work and thus become the most "at risk" group for occupational disease and work related traumas. The death rate for Latinos in construction has been three times that of whites. For African Americans, construction related deaths are two times higher than whites.

Additions, such as substance

abuse, smoking, and alcohol dependence continue to disproportionately affect the less educated and poor minority populations. Smoking rates in New Jersey among minorities is higher than the national average for young adults from 25 to 44 years old. The highest smoking rates are found among black males, Latino males, and lastly, white males. White and black women show similar smoking rates with Latino women smoking the least. Compared to all other males in this age range, Latino males from age 35 to 44 are one and a half times more likely to die from alcohol related incidents or disease. Drug abuse treatment statistics in New Jersey indicate that males make up 67 percent and females 33 percent of all admissions. The racial breakdown in terms of drug dependency is as follows: white males 29 percent, African American males 26 percent, Latino 12 percent.

The homicide rate for black males 18 to 25 years old is about five times higher than white males of the same age group. Data on suicides is deficient.

The adjacent article describes the recommendations compiled by Michelle March.

Regular drinking may increase breast cancer risk



Limiting alcohol consumption to a moderate level (about 1 drink per day) is recommended to reduce a woman's risk for breast cancer, according to information presented at a recent symposium of the American Institute for Cancer Research (AICR).

According to Keith Singletary, Ph.D., associate professor in the Department of Food Science and Human Nutrition at the University of Illinois and AICR grantee, the increased breast cancer risk connected to drinking appears to be modest, and more research needs to be conducted to determine the influence of other factors on the alcohol-breast cancer relationship.

"We need to know more about the

timing of alcohol consumption, nutritional factors, body weight, effects on hormone production, and drinking patterns," Singletary reported.

Singletary noted that "High alcohol consumption—three or more drinks per day—is associated with a number of cancers of the head and neck, including the mouth, larynx and esophagus."

News reports in the past year have cited studies that found a glass of red wine per day can help reduce risk for heart disease, but these results have led to some confusion over other studies showing that any alcohol at all in a woman's diet may be linked to breast cancer development.

Singletary noted that although there is considerable evidence from studies in many different countries to support a connection between alcohol intake and breast cancer risk, the

effect appears to be modest. There has been enough variability and inconsistency within them to make health experts ask for additional information before drawing conclusions.

Regarding exactly how much alcohol can increase risk of breast cancer.

Although genetic predisposition is a factor in breast cancer development, researchers say some of the risk for the disease can still be controlled to a large extent through maintaining healthy eating and lifestyle habits. Because surveys show that more than 50 percent of American women drink, the influence of alcohol on breast cancer has come under scrutiny.

For a free brochure about alcohol and cancer, send a stamped (52 cents postage), self-addressed envelope to the American Institute for Cancer Research, Dept. AC, Washington, DC 20069.

Health professionals urged to attend October 9 AIDS conference

PINEBROOK—Transmission of the HIV/AIDS virus from an infected mother to her unborn baby is fast becoming one of the major causes of infant mortality in the United States, and certainly here in New Jersey. With the help of a grant from the March of Dimes Birth Defects Foundation, the New Jersey AIDS Education and Training Center (NJAEETC) will be offering New Jersey's health professionals the latest, breaking information on drug therapies to combat the pediatric HIV problem.

On October 9 conference to be held at the Sheraton Woodbridge Place Hotel in Iselin, The Division of AIDS Education and the NPHRC will release information that could have a profound impact on the care of HIV-infected women and on efforts to reduce perinatal transmission of HIV. Results from the AIDS Clinical Trials Group (ACTG) Protocol 076 will be presented at the conference which indicate that perinatal transmission—from mother to unborn baby—can be reduced by two-thirds when zidovudine is given to HIV-infected women.

For the last three months, federally approved Medical "managed care" has been growing within urban areas. Ideally, managed care will insure that patients have a "medical home" and receive primary care with a physician of their choice. Managed care will provide greater access for the treatment of most general healthcare needs and some emergency situations while removing the burden of such cases loads from emergency rooms.

Identify all minority healthcare providers within the state. The Department of Health acknowledges the need for more minority healthcare providers statewide. Reduce inappropriate emergency room use by increasing access to community-based primary care services. This is being achieved via "Medical managed care," the \$3.83 percent Assessment Program, a pool of funds that support the Healthy Mothers/Healthy Babies Coalition, the Competitive Initiatives Program, the Federally Funded Community Health Centers, and the guidance of its local advisory boards. In addition, the Health Access New Jersey Program offers affordable health insurance for low and moderate income individuals and families ensuring that "choice of treatment" is not limited to the emergency room.

Develop a collaborative initiative between the Departments of Health and Education.

Department of Higher Education High Education Commission and major teaching institutions to create recruitment policies and procedures

September is Minority Health Month

Don't Let Prostate Cancer Throw You A Curve

"In 1989, I was diagnosed with prostate cancer. Luckily, my cancer was caught early and today I feel great."

—Stan Musial, Baseball Hall of Famer, Spokesperson for Prostate Cancer Education Campaign

Prostate Cancer Screening Thursday, September 26, 1996 • 6 p.m. - 9 p.m.

For Men Who:

- Are age 40-50 with a family history of prostate cancer or are African-American
- Are age 50-80
- Have NOT had a PSA blood test in the past year
- Are NOT under a physician's care for a prostate condition

Screening Fee — \$10
Appointments are required; register early
Call (908) 668-3170 Monday - Friday, 9 a.m. to 12 noon

Partial funding for this program was made possible by a grant from Merck & Co., Inc.

MUHLBERG REGIONAL MEDICAL CENTER, INC.
Park Avenue & Randolph Road
Plainfield, NJ 07061

Affiliated with the University of Medicine and Dentistry of New Jersey
Prostate Cancer Screening Clinic

In April of 1993, the Commissioner of Health's Advisory Committee on Minority Health made a sense of recommendations to facilitate "closing the gap" to improve the health of New Jersey's minority populations. Some of these recommendations are listed below. The bold print indicates the progress that the state Department of Health has made with respect to these recommendations:

The integration of minority health issues into every chapter of the state health plan.

The state health plan has not been updated due to several policy changes which are affected by reform measures such as "managed care."

Equal distribution and assessment of healthcare funding to minority community based organizations with post-grant reviews to evaluate the impact of such funding.

The Department of Health has several large grant programs which are used to support community-based organizations and larger nongovernmental organizations (NGOs) that serve minorities.

Develop a data collection and reporting methodology on the health status of all minority populations with baseline health data and health care status objectives.

The Center for Health Statistics, which reports all birth record data regarding race/ethnicity, etc. from local health departments to gather more precise demographic information concerning minority populations.

Determine the number of Medicaid providers serving minority populations.

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to increase the proportion of minority students grades (grades 6 to 12) being counseled on healthcare and public health professions. Minorities are overrepresented as enrollees and graduates of New Jersey's schools of public health.

The Department of Health has no formal plan to achieve this recommendation.

There is some involvement with a few New Jersey medical schools to support minority enrollment and retention.

Determine the current number of minorities being trained in medicine, nursing, dentistry and public health professions.

The Department of Health has no update for this recommendation.

Develop ethically and linguistically relevant curriculum statewide that teaches culturally sensitive practice methods for all health professions within the state of New Jersey.

The Department of Health feels that such curriculum is not likely to be put in place because it would be difficult to enforce. Upon request, the DOS has outreach resources which specialize in cultural diversity.

Establish a senior executive training program for minority health care professionals and a Health Management Development Fellowship program to attract qualified individuals to managerial positions in the healthcare industry.

The Commissioner of Health has expressed an interest in increasing minority representation at the senior executive level within the state Department of Health. Presently, the Department is working with the United Hospital Association and the New Jersey Hospital Association to develop a plan to increase minority representation within the healthcare industry.

Facilitate the development of community-based coalitions through the state's healthcare agencies to promote minority health advocacy.

For the last three years, the department has sponsored "September Minority Health Month." In an effort to screen, conduct outreach, offer opportunities for collaboration and provide grant information, some of these outreach informational materials are sent out semi-annually to leaders within all minority communities.

Improve access and availability to cultural and linguistically sensitive comprehensive medical, dental, and mental health care services.

The Health Access New Jersey program provides low to moderate income families with the opportunity to apply for subsidized insurance which provides medical benefits comparable to private insurance companies. The Department is awaiting a preliminary report to fully measure the overall impact of the Health Access New Jersey Program, particularly in minority communities.

Offers a full scale community outreach plan which will include four to six statewide annual community forums, technical assistance and consultation on minority health issues, and community sponsored events.

The department has sponsored management training sessions at community workshops on grant writing.

Launch a statewide community-based health promotion and outreach campaign to eliminate tobacco and alcohol bilboards in minority communities. Increase the sales tax on both items.

The department reports that smoking among adolescent blacks is far less than among adolescent whites, with blacks smoking at a rate of 4 percent and whites at a rate of 24 percent.

All of these issues identified represent a vast and immediate need for further action to improve the quality of life for New Jersey's minority population. It is essential to make prevention and treatment of disease for this population a priority by increasing access to quality and affordable healthcare facilities such as community-based organizations and hospitals.

State health officials must vigilantly obtain information from minority communities and distribute information to those communities to ensure that progress is being made to lower the incidence and effects of acute/chronic diseases.

Lastly, the development and training of minority healthcare professionals must be increased to minimize cultural and language differences that may prevent minorities from seeking and receiving proper healthcare.

Michelle March is the co-chair of the coalition for Equity Education based in Teaneck.

Need a mortgage or refinancing on a low to moderate income? The Mighty Hudson can save you thousands of dollars.

Hudson City Savings Bank has a long standing tradition of concern for the people in the communities it serves, including those with low to moderate incomes. This can now work to your advantage if you apply for your mortgage or refinancing at Hudson City Savings Bank.

The Mighty Hudson, New Jersey's largest savings bank, now offers qualified applicants special low rates. With as little as 10% down, you can borrow to a maximum of \$125,000 to purchase or refinance a 1 to 4 family owner occupied dwelling in one of the counties shown in the listing below. Private mortgage insurance (PMI) is required on loans over 80% of your appraised value.

To make it even easier to gain approval, Hudson City will apply less rigid qualifying standards and lack of an established credit history will not disqualify you—provided, of course, you can prove your credit worthiness and ability to repay the debt.

To apply, phone the Mortgage Origination Department at 201-967-1900 or 609-428-2740. Your new home may be just a phone call away!



TO OUR MOST APPRECIATED HOMEOWNERS, WE HAVE LISTED THE TOWNSHIPS LISTED BELOW FOR THE COUNTIES IN WHICH THE PROPERTY YOU INTEND TO PURCHASE IS LOCATED.

Bergen	\$42,160	Monmouth	\$36,320
Burlington	\$33,120	Morris	\$39,520
Camden	\$33,120	Ocean	\$36,320
Essex	\$39,520	Passaic	\$42,160
Gloucester	\$33,120	Somerset	\$43,680
Hudson	\$28,240	Union	\$39,520
Middlesex	\$43,680	Warren	\$30,880

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Hudson City Savings Bank

New Jersey's largest savings bank



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Your partner in Healthier living.

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Get news? We want to hear it. Call us at 908-754-3400 or fax story ideas in to 908-753-1036

HEALTH SPECIAL

Think ahead for healthier babies

NAFEO trains students to prevent HIV/AIDS

PINE BROOK—How does a well educated, drug free, middle class woman give birth to a two-pound baby? Sometimes it just happens. Sometimes it's because the woman was smoking during pregnancy. The March of Dimes' newest phase to its national *Think Ahead!* pre-pregnancy planning campaign urges all women and men of childbearing age to adopt healthy lifestyles before becoming pregnant. Stop smoking, drinking alcohol and taking drugs before becoming pregnant. The new phase of *Think Ahead!* is called "Imagine."

More than 2,000,000 pregnancies nationwide each year are unplanned. Through its national *Think Ahead!* pre-pregnancy planning campaign, the March of Dimes seeks to teach women and men that changing their habits before pregnancy can give their future baby the healthiest possible start in life. *Think Ahead!* plan for a healthy pregnancy and a healthy baby. Smoking and drinking alcohol during pregnancy can have devastating effects on an unborn baby.

Cigarette smoking during pregnancy accounts for an estimated 70,000 low birthweight births in the United States each year. Babies are born low



birthweight, 5.5 pounds or less, due to their mother's smoking. Low birthweight is a key indicator of newborn health and survival. Maternal smoking also increases the risk of miscarriage and stillbirth.

Smoking in pregnancy increases a baby's risk of dying from sudden infant death syndrome (SIDS) in infancy, and babies born to women who smoke are more likely to have learning and behavior problems, and a much higher probability of serious respiratory problems and hospital admissions.



Not drinking alcohol during pregnancy prevents fetal alcohol syndrome (FAS), the most common known cause of mental retardation in the United States.

It's estimated that between 10,000 and 20,000 alcohol and drug affected babies are born each year in New Jersey.

To request a free *Think Ahead!* pre-pregnancy planning packet, call the March of Dimes' North Jersey chapter: 201-882-0700.

WASHINGTON, DC—The Health Education Division of National Association for Equal Opportunity in Higher Education (NAFEO) recently held a five-day conference, entitled the "HIV/AIDS Summer Training Institute" in collaboration with the American Red Cross at the Charles R. Drew University of Medicine and Science in Los Angeles, CA.

The institute focused on culturally and age appropriate educational strategies, language and communication techniques needed to effectively reach African-American audiences. The three-year-old program prepares college students to provide factually accurate, nonjudgmental, and culturally specific HIV/AIDS education in African-American communities. Participants also receive information in implementing culturally relevant programs on their respective campuses.

"The program provides the students with information, self respect and belief that they can positively impact others," remarked Mildred Freeman, director of NAFEO's Health Education Division. Institute participants worked as volunteers disseminating information and making presentations to youth and their families.

HIV infection is among the most

challenging and life-threatening public health problems facing young people today. Blacks are disproportionately affected by a variety of health and social problems, including HIV and AIDS. Although blacks comprise only 12 percent of the U.S. population, they represent 14 percent of the total reported AIDS cases.

"These students should be recognized and commended for their volunteer efforts in training to become the soldiers of hope for such a devastating disease (in the battle to prevent the spread of HIV infection)," said Dr. Henry Pender, CEO and President of NAFEO.

NAFEO is committed to reversing through education, the increase of HIV and STD infections among college-aged youth. The Drew University of Medicine and Science is a member institution of NAFEO and one of the newest institutions of medical education in the country. One of the guiding principles at Drew is that medical education and medical research are based on service to the community.

The university addresses a broad spectrum in areas such as family planning, teen pregnancy, hypertension, obesity, infant mortality, suicide, cell, anemia, nutrition development, dis-

abilities and AIDS Population. Recently, researchers at Drew University received national recognition when they published in the *New England Journal of Medicine* findings from their study of testosterone steroids. The value of the study will be the opening of a new field of study in which testosterone and its synthetic derivatives are used to restore and enhance muscle mass in people suffering syndromes associated with diseases like AIDS and cancer.

The participating institutions are: Arkansas Baptist College, Amos Morgan, Chicago State University, Chatham Community College, Dillard University, Florida A & M University, Grambling State University, Hinds Community College, Jackson State University, Langston University, Lewis College of Business, Lincoln University, Shaw University, Southeastern College, Texas College, Texas Southern University, Tougaloo College, Wayne County Community College, Wilberforce University, Wiley College.

Tobacco use greatly increases chance of oral cancer

PARISANY, N.J.—Big flavorful cigars may be in style in many social circles, but they, like other tobacco products, greatly increase the risk of oral cancer, warns Delta Dental Plan of New Jersey.

According to Robert J. Ott, D.D.S., chairman, president and CEO of Delta. "Almost 70 percent of oral cancers can be attributed to using tobacco products."

More than 28,000 new cases of oral cancer were diagnosed in 1995, and during the same period, 9,000

people died from it. "In addition to discouraging tobacco use, we encourage seeking regular dental examinations as a means of identifying and preventing oral cancer," said Ott.

According to a survey by Colgate Oral Pharmaceuticals, oral cancer is first diagnosed by a dentist in 52 percent of cases. Dental examinations play a key role in controlling oral cancer, because early detection of oral cancer is critical.

"Oral cancer patients have a five-

year survival rate of slightly less than 50 percent," said Ott.

Dentists nationwide are taking a more active role in encouraging tobacco cessation among the 48 million smokers in the United States. According to the 1994 Survey of Current Smokers in Dentistry, 57 percent of dentists discourage smoking and to tobacco use and regularly ask their patients if they consume tobacco products. In addition, more than 40 percent of independent dentists document their patients' tobacco habits according to the survey.

Your health is in your hands—don't abuse it!

Black Americans' beliefs and attitudes about Diabetes

The following information is part of data collected by the American Diabetes Association, as part of the *Porter/Novelli Healthways 1995 Survey*. Last year, nearly 3,000 adult Americans participated in a survey called *Porter/Novelli Healthways 1995*, that addressed a variety of questions about lifestyle habits, perceptions and knowledge related to health and nutrition. The American Diabetes Association purchased a subset of diabetes related questions for analysis in the larger *Healthways* survey.

The survey yielded nationally projectable data for the total population, and allowed for analysis of subgroups of certain demographic groups, including black Americans and Hispanic Americans. The report highlights the responses of black Americans. Where statistically significant, comparisons are made to the data set for white Americans.

KNOWLEDGE OF DIABETES				
Q. "What types of adults are most likely to get diabetes? (Pick as many as you think may apply.)"				
	Total Sample (n=2947)	Non-Hispanic White Americans (n=2173)	African Americans (n=279)	Hispanic Americans (n=495)
People over age 45	43.9%	44.6%	38.1%	35.9%
People who are little or no exerciser	57.9%	58.3%	56.6%	56.1%
People who eat too much sugar	39.2%	36.7%	47.1%	47.1%
Overweight people	71.0%	71.3%	68.7%	67.0%
People who have family members with diabetes	91.0%	91.9%	90.7%	88.9%
People of color	13.8%	10.1%	38.9%	30.8%
Q. "Which of the following conditions can be caused by diabetes? (Check all that apply.)"				
	Total Sample (n=2947)	Non-Hispanic White Americans (n=2173)	African Americans (n=279)	Hispanic Americans (n=495)
Amputations	70.0%	72.8%	70.2%	58.0%
Blindness	8.2%	6.4%	13.3%	5.5%
Kidney failure	66.0%	68.3%	66.7%	62.5%
Hemodialysis	78.3%	80.7%	74.9%	71.3%
Heart disease	82.1%	81.9%	84.6%	82.8%
Circuits of nerve	10.3%	15.4%	20.0%	16.7%
Stroke	27.4%	36.7%	41.6%	34.8%

*American Diabetes Association data, collected as part of the Porter/Novelli Healthways 1995 survey

ATTITUDES AND BELIEFS ABOUT DIABETES				
Q. "Diabetes is a serious disease."				
	Total Sample (n=2947)	Non-Hispanic White Americans (n=2173)	African Americans (n=279)	Hispanic Americans (n=495)
Strongly agree	69.0%	69.1%	78.5%	68.6%
Agree	21.1%	21.9%	13.3%	18.6%
Neither agree nor disagree	3.3%	5.2%	3.7%	5.9%
Disagree	2.3%	1.1%	2.8%	2.2%
Strongly disagree	1.0%	1.4%	2.1%	2.5%
Q. "I believe that diabetes is just as serious as cancer and heart disease."				
	Total Sample (n=2947)	Non-Hispanic White Americans (n=2173)	African Americans (n=279)	Hispanic Americans (n=495)
Strongly agree	48.2%	47.2%	62.7%	51.1%
Agree	31.8%	31.2%	26.1%	24.6%
Neither agree nor disagree	5.4%	5.4%	5.6%	14.8%
Disagree	5.9%	6.8%	1.4%	3.2%
Strongly disagree	2.0%	2.2%	4.2%	8.2%

*American Diabetes Association data, collected as part of the Porter/Novelli Healthways 1995 survey

Q. "I think it is possible for people to have just one bit of diabetes or a 'touch of sugar'."				
	Total Sample (n=2947)	Non-Hispanic White Americans (n=2173)	African Americans (n=279)	Hispanic Americans (n=495)
Strongly agree	6.6%	6.9%	1.7%	1.9%
Agree	13.2%	12.2%	2.1%	16.8%
Neither agree nor disagree	35.2%	36.2%	29.9%	33.6%
Disagree	17.1%	17.4%	11.4%	18.2%
Strongly disagree	23.0%	24.2%	31.1%	33.8%
Q. "There is nothing anyone can do to avoid getting diabetes because it is hereditary and runs in families."				
	Total Sample (n=2947)	Non-Hispanic White Americans (n=2173)	African Americans (n=279)	Hispanic Americans (n=495)
Strongly agree	1.0%	0.5%	7.8%	10.5%
Agree	14.0%	12.2%	36.2%	35.8%
Neither agree nor disagree	56.9%	57.9%	29.9%	22.1%
Disagree	27.7%	28.7%	13.3%	18.1%
Strongly disagree	21.2%	20.2%	23.0%	24.4%
Q. "A person can have diabetes and not know it."				
	Total Sample (n=2947)	Non-Hispanic White Americans (n=2173)	African Americans (n=279)	Hispanic Americans (n=495)
Strongly agree	42.2%	41.1%	57.0%	49.4%
Agree	36.0%	35.1%	37.0%	28.6%
Neither agree nor disagree	14.5%	14.1%	10.4%	17.7%
Disagree	2.8%	2.0%	3.4%	2.3%
Strongly disagree	1.3%	1.5%	2.2%	6.7%

*American Diabetes Association data, collected as part of the Porter/Novelli Healthways 1995 survey

Q. "I think I may be at high risk for diabetes."				
	Total Sample (n=2947)	Non-Hispanic White Americans (n=2173)	African Americans (n=279)	Hispanic Americans (n=495)
Strongly agree	8.0%	8.2%	13.2%	12.1%
Agree	39.4%	39.8%	33.3%	31.9%
Neither agree nor disagree	24.1%	24.2%	22.9%	21.9%
Disagree	22.1%	22.3%	20.2%	16.3%
Strongly disagree	13.4%	14.2%	10.2%	18.8%
Q. "I think I should be checked for diabetes every few years."				
	Total Sample (n=2947)	Non-Hispanic White Americans (n=2173)	African Americans (n=279)	Hispanic Americans (n=495)
Strongly agree	22.1%	19.4%	27.6%	24.8%
Agree	24.2%	24.1%	27.0%	21.7%
Neither agree nor disagree	28.1%	29.1%	17.2%	33.6%
Disagree	14.7%	13.3%	8.7%	11.0%
Strongly disagree	10.8%	11.2%	9.7%	8.9%

*American Diabetes Association data, collected as part of the Porter/Novelli Healthways 1995 survey

TIPS TO BE FIT

Controlling Hypertension

by Vince and Yolanda

High blood pressure also called hypertension, can cause serious problems such as stroke, heart attack, kidney failure and congestive heart failure. It can be controlled with medication along with change in diet, weight control, exercise, cessation of smoking and relaxation.

Limiting sodium intake is important because when the kidneys can't excrete high levels of sodium, your blood pressure increases. If you have hypertension your diet should be high in fiber which includes

foods such as fresh or frozen green leafy vegetables, fresh fruits and whole grain breads and cereals. These foods should make up about 70 percent of your diet.

Proteins such as milk, egg whites, beans, fish, chicken and an occasional slice of very lean beef should make up about 20 percent of your diet. Monoprotein unsaturated fats should make up the other 10 percent. You should also, drink 6 to 8 glasses of water daily. Sometimes a change in diet and exercise can make you feel better and lower your resting blood pressure; however, you should never discontinue taking prescribed medication unless your doctor tells you to stop.

Exercise can be beneficial to a person who has hypertension but precautions should be taken. Before you get involved in an exercise program you need to have an exercise stress test administered by a professional. Initially, you may have to be supervised at a facility which specializes in cardiac care or therapy. Sometimes people are tempted to quit taking medication, thinking that exercise will lower resting pressure. Your blood pressure is more likely to lower because of a combination of proper diet, exercise, and medication.

Exercises you should avoid include sprint training, stop-and-go sports such as karate, racquetball, heavy weight training and power lifting. Instead, lift moderate weights for 10-15 repetitions for tone. Because a sudden increase in blood pressure can be dangerous by exercise, it's important to warm up very slowly and increase the amount of time you exercise gradually. Walking, jogging, cycling and swimming should be done at low intensity. Breathe normally while exercising and cool down slowly at the end of your exercise routine. It is important to follow these tips to keep blood vessels from dilating and constricting rapidly, causing drastic changes in your blood pressure.

Consult your physician before starting your fitness program

Health Briefs

BLACK ORGAN DONORS NEEDED

HOUSTON—The black community is suffering from a lack of compatible organs for donation. "The best 'match' for blacks is organs from blacks," said Dr. James L. Phillips of Baylor College of Medicine in Houston. Blacks make up 12 percent of the U.S. population but account for 34 percent of all kidney-failure patients. Organ donations can vastly improve the quality of life and save the recipients.

The brochure also covers heart, kidney, reproductive health, osteoporosis and emotional wellness. A free copy of the brochure is available by sending a stamped, self-addressed, business size (#10) envelope to: Women's Health, Office of Public Affairs, Room 1768, Baylor College of Medicine, Houston, Texas 77030.

FREE BROCHURE ON WOMEN'S HEALTH

HOUSTON—Among people older than 50, black women are more

likely to suffer from high blood pressure than are other racial and ethnic groups. High blood pressure (hypertension) is one of the topics covered in a free brochure, titled *Women's Health, Ideas for a Lifetime of Wellness*, offered by Houston's Baylor College of Medicine.

HEALTH SPECIAL

Got news? We want to hear it. Call us at 908-754-3400 or fax story ideas in to 908-753-1036

Want to get more zip in your life?—Exercise

HOUSTON—A new brochure produced by the Office of Health Promotion at Baylor College of Medicine in Houston titled, "Vitality, Vim & Vigor: Six Steps to More Energy," recommends ways to boost your energy level.

Believe it or not, exercise can make you feel less tired," said Dr. Ken Goodrick, an assistant professor of medicine at Baylor's Behavioral Medicine Research Center. "Adopting an exercise routine may not be easy, but it gets easier as you start enjoying the benefits."

Besides exercising, following a high-carbohydrate, low-fat diet, getting adequate rest, and controlling stress are important ways to reduce fatigue.

Decreasing caffeine is also important to avoid sluggishness, says Goodrick.



Begin a reasonable exercise program. Check with your doctor before you start. Remember that "no pain, no gain" is a myth. Slow down if exercise causes pain or makes you feel breathless. Drink at least eight glasses of water a day. Eat more frequent, smaller meals consisting of fresh fruits and vegetables whole grain foods, lean meat, and low-fat dairy products.

Avoid late-night meals and snacks. For a free brochure, send a stamped envelope to Energy, We Care for You, Baylor College of Medicine, Houston, Texas 77030.

Is it all in your head?

HOUSTON, TX—Your head is pounding. Is it a migraine or tension headache? Perhaps neither. It could be sinusitis—an inflammation of the nasal cavities located above, behind and below the eyes that can cause symptoms similar to migraines and tension headaches.

"The pain and discomfort caused by a sinus headache affects the entire head. Analgesics, such as aspirin, only provide temporary relief for a sinus-related headache, because they don't treat the underlying sinus inflammation and infection," explains Michael Kaliner, M.D., Medical Director, Institute for Asthma and Allergy at Washington Hospital Center, Washington, DC.

There is no single cure for sinusitis. However, the symptoms of sinusitis can each be treated

effectively. A variety of prescription medications are available to help treat your sinusitis symptoms.

Many physicians prescribe antibiotics to sterilize the sinuses and free them of infections and decongestants to help relieve congestion, shrink swollen nasal tissue and promote drainage. In addition, topical corticosteroids can be prescribed to quickly reduce and prevent sinus inflammation. Analgesics (e.g., acetaminophen, aspirin, ibuprofen) provide temporary relief of the pain associated with sinusitis.

If you think that you may be suffering from something more than just a headache, make an appointment with your physician, who can determine the cause of your symptoms and recommend an effective treatment plan. Refer to the following chart to help you differentiate among headaches.

Types of headaches		
TYPE	CHARACTERISTICS	DESCRIPTION
Muscle tension	Headaches start in the neck, shoulders or back of the head.	Most common. May be related to stress, poor posture, or tension in the neck, shoulders, or back of the head.
Migraine	Headaches may be limited to a vascular disturbance.	Headaches occur on one side of the head, or behind the eyes, or in the temples. Often accompanied by nausea, vomiting, and sensitivity to light and sound.
Sinus	Pain that is swelling and inflammation of the lining of any or all of the sinuses.	Depends on the affected sinus. Head may be tilted to the forehead, above the nose, behind the eyes, or the forehead.
Medication Overuse (Rebound)	Pain related to overuse of painkillers and/or other medications, caused by over-consumption, such as drinking, taking, or using.	Unilateral (one side) pain that radiates from the face to the entire head.

Source: Dr. Michael Kaliner

The Germ Busters receives Kids First! endorsement

CHINO, CA—KidsSafety of America's first foray into the consumer home video market, *The Germ Busters*, a 30-minute video that teaches kids about health and hygiene, has received an endorsement from KIDS FIRST!, a program of the Coalition for Quality Children's Media.

The Germ Busters features Kemi and Zemi (Alfred Carr and Willis Green-Caymore, stars of the popular Nickelodeon show Roundhouse), African-American role models, who, disguised as germ-fighting crusaders, teach kids how to prevent picking up germs and spreading their own.

The video entertains as well as educates with catchy sing-a-long songs, dances, and the hilarious antics of Kemi and Zemi. Informative for both parent and child, the video demonstrates the basics of keeping clean, including teeth-brushing, hand-washing and toilet-flushing. *The Germ Busters* is also an essential tool for caregivers and parents who must constantly remind resistant children the importance of keeping clean and preventing the spread of germs.

Suggested ages for viewing are 3 to 7. To order a copy of *The Germ Busters* call toll free 1-800-524-1156.

East Orange sponsors free health fair

EASTORANGE—In recognition of September as Minority Health Month, The City of East Orange Health Department will co-sponsor a "Health and Safety Fair" scheduled for Saturday, September 21 at the Fellowship Civic Center in East Orange from 11 a.m. to 4 p.m.

"The health and safety fair is designed to help parents and care providers provide better care of children and to reduce the environmental hazards including exposure to lead and unsafe environments in the lives of their children and families," Mayor Cooper said.

The American Red Cross will be on hand to promote fair's theme, "Health and Safety For A Life Time." Health Mothers/Healthy Babies of Essex, Inc., the New Jersey Department of Health and Senior Services Office of Minority Health have teamed up with the Health Department to jointly sponsor the event which will focus on raising public awareness and includes: on-site lead screenings, home safety kits, bicycle road safety test, and fire safety awareness.

Health care providers from the metropolitan area will hold a series of community outreach activities and events to promote healthy lifestyle choices while increasing public awareness about the need for on-going programs to improve the health of minorities.

The Fellowship Civic Center is located at 1 Fellowship Civic Circle on the corner of Greenwood Avenue. For more information contact the East Orange Health Department 201-266-5480.



GOOD NEIGHBOR NEWS

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Combating Prostate Cancer

HOUSTON—Prostate cancer is the future of one of every 11 men. For black men, the odds are worse: One in nine.

"The saddest part of those figures is that many men, including many thousands of black men, who die of this cancer could have been saved if the disease had been detected earlier," said Dr. Ronald Morton Jr. of the Baylor Prostate Center at Baylor College of Medicine in Houston.

"Prostate cancer can spread without pain or other symptoms," Morton said, "which makes it all the more important to get regular examinations."

Possible warning signs, which are even more likely to be symptoms of benign prostatic hyperplasia, include: Difficulty in beginning or maintaining a urinary stream.

Frequent urination, especially at night.
Painful urination or ejaculation.
Presence of blood or pus in urine or semen.

A doctor can detect prostate cancer by using a combination of physical examination, blood and urine tests and ultrasound scanning.

A rectal exam can determine if the prostate feels hard—a possible sign of cancer. The procedure, done in a physician's office, is simple, quick and only slightly uncomfortable, Morton said.

A Prostate Specific Antigen, or PSA, test can help make the diagnosis, but a biopsy of the prostate is needed to confirm the presence of cancer. The PSA test is also used to follow the progress of the disease after the patient has been treated.

Annual prostate exams are vital for all men 50 and older, Morton said. "For black men or any man with a family history of prostate cancer," he said, "the annual exams should start at age 40. This disease takes a heavy toll in the black community, and black men need to protect themselves."

For further information, contact Ron Ozias at 713-798-4712.

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Business Calendar

THURSDAY, SEPTEMBER 11
NEW YORK—Save the date to join us in the 3rd Annual Circular and Management Conference & Expo at the Sheraton Hotel & Towers. For more info call 212-679-0730.

WEDNESDAY, SEPTEMBER 11
FREEDOM—National Seminars Group will help you learn "How to be a Successful Team Leader" at the Clinton Hotel & Conference Center. For more info call 1-800-258-7246.

SEPTEMBER 11 THRU 15
WASHINGTON, DC—The Congressional Black Caucus Foundation, Inc. will meet. For more info call 202-675-6300.

THURSDAY, SEPTEMBER 12
BRISBANE—National Seminars Group will help you learn "How to be a Successful Team Leader" at the Clinton Hotel & Conference Center. For more info call 1-800-258-7246.

ROSELAND—Regional Business Partnership Grouping services continue with "Regional Economic Outlook, Will Expansion Continue?" at the Essex Court. From 4:00 p.m. For more info call 201-242-8237, ext. 225.

FRIDAY, SEPTEMBER 13
PARAMUS—National Seminars Group will help you learn "How to be a Successful Team Leader" at the Radisson Hotel Paramus. For more info call 1-800-258-7246.

SEPTEMBER 16 THRU 20
CHARLESTON, SC—The National Association Contractors will sponsor an Albatross Workshop at the Holiday Inn Charleston on the Beach. For more info call 202-347-8259.

TUESDAY, SEPTEMBER 17
PLAINFIELD—The Urban Women's Center of the WYCA of Plainfield/North Plainfield is hosting "How To Write The Perfect Resume" workshop at the WYCA from 10 to noon. For more info call 908-756-3500.

The Quality Learning Series presents a series of satellite in the U.S. Chamber of Commerce, with "Competing in the Digital Economy" by Don Tapscott. For more info call 1-800-835-4790.

WEDNESDAY, SEPTEMBER 18
PLAINFIELD—H. Robert Bouchard, V.P. Commercial, United National Bank is sponsoring "Steps to Small Business Financing" at the United National Bank Community Education Center from 9:30 a.m. to 1:30 p.m. For more info call 908-756-3500.

Entrepreneurial training institute a plus

BATON DOWN—Though Barbara Nimmons has enjoyed great success in her computer software engineering firm, she wishes she had known about the New Jersey Entrepreneurial Training Institute (ETI) when she started in business in 1989.

"I've become very active with the ETI program because it helped my business and I helped it," said Nimmons. Nimmons, who discovered ETI this year through the Pan African Chamber of Commerce in Asbury Park, a strong local business support group of which she is a member, said, "I would recommend the ETI program to anyone even thinking of starting a business. It offers valuable information about how to develop the business plan that's so necessary to obtaining financing and to start out with sound management goals and practices. And in any case, it can also help existing businesses."

ETI is a program of the New Jersey Development Authority for Small Businesses, Minorities and Women Enterprises (NJDA) the state agency charged with providing financial and technical assistance to small businesses, specifically women and minority owned enterprises in New Jersey. ETI provides information and training programs for minority and women owners of small business to help them start or expand

their firms. PNC Bank funded the ETI seminar that Nimmons attended. Completion of ETI's training program qualifies new business owners to apply for EDA assistance.

Nimmons noted the cost to attend the ETI program was just \$150, observing, "Had I known what I learned through ETI about developing a business plan, I would have saved the considerable expense of private consultants when I started. ETI can help make a business start-up much smoother. It teaches what you need to know when going into business."

Nimmons, a native of South Carolina where she graduated from Voth College, holds a Master's Degree in Computer Engineering and Science from Pennsylvania State University. She founded Nimmons Software Engineering Consulting, Inc. after more than ten years as an employee of General Electric Corp. where she supervised computer applications for GE's Astro Space Division after rising through the ranks to become an expert in computer software engineering.

Today, with some ten employees her company provides services in software design, testing, installation, maintenance, and training as well as product marketing and distribution. Clients include the defense industry and the

Department of Defense as well as other non-defense related businesses. Through ETI, Nimmons learned about state programs to assist small businesses.

Recently Nimmons Software received \$25,000 one year working capital line of credit loan from the EDA through the New Jersey Development Authority for Small Businesses, Minorities and Women's Enterprises. The loan supplements a long-standing commercial loan and has enabled Nimmons to meet operating expenses while she waits for payment to start on a new Department of Defense contract.

The program supplements private sector lending organizations by providing quality technical assistance and mentoring. Banks such as PNC, Banco Popular, Carnegie Bank, Fleet Bank, First Union and Chemical Bank participate directly and support the program financially. Preston Pinkett of PNC sees the mentoring aspect of the program as "an important element in supporting the development of future entrepreneurs."

For information about the EDA and the ETI program, contact the New Jersey Economic Development Authority in Trenton at 609-292-1890.

JCEDC starts UEZ district security

JERSEY CITY—The Jersey City Economic Development Corporation (JCEDC) presented a \$1.2 million check to hire off-duty police to patrol the city's business districts. The additional police presence is part of the JCEDC's program to continue improving the quality of life in the city's business district.

Some 44 additional police will patrol the business areas during the afternoon and evening hours from Monday through Saturday. The purpose of the program is to provide security for shoppers and business owners that will encourage people to patronize businesses located in these areas.

The increased security is one element in the JCEDC's program of revitalizing the city's business and shopping areas. Block front improvement projects, streetscapes and facade renovations are all part of the overall effort.

Representatives of the city's Merchants Associations, police offi-

cials, and members of the JCEDC were joined by Mayor Bret Schundler at the ceremonies.

The police are being paid with Urban Enterprise Zone (UEZ) funds, which are derived from the reduced three percent state sales tax charged within the UEZ. With this success, the program may be renewed in six-month increments over a two-year period. The JCEDC, a non-profit, private corporation, is acting as the contracting agent in hiring the police.

The city has been divided into four quadrants, with police assigned to UEZ areas in each quadrant. Sixteen posts will be available in west district, 11 in the south, nine in the north and four in the east, plus one supervisor per district.

The patrols began last week in the east district. Other patrols will be added until the full complement is reached in each district.

Gaming continues to post strong growth

NEW YORK—Gross wagering, the amount wagered on all forms of regulated gambling, and gross revenue, the source of both gambling industry revenues and gambling tax receipts, rose once again in the United States last year.

According to a special report published in the August issue of *IGBW (International Gaming & Wagering Business)*, the amount of money that flowed through commercial games rose by 14 percent to \$67.6 billion in 1995, to a record \$550.3 billion. Revenue, the amount of money consumers actually spent on gambling, rose 11.4 percent to \$44.4 billion.

"The Gross Annual Wager of the United States," published annually in *IGBW*, records that percentage gains fell back last year from the dramatic advances of 1994 when handle and revenue rose 22.3 and 15 percent respectively.

However, on an historical viewpoint, gains in handle and revenue have almost quadrupled since 1982, demonstrating the strong consumer demand nationwide for various forms of gaming. The industry's casino and lottery segment registered the largest percentage of wagering gains, post-

ing strong performance for the third year in a row.

Casinos and video lotteries drove last year's 11.4 percent increase in aggregate gross gambling revenue (GGR), or consumer spending on all commercial games. The double-digit gain came on top of a 15.1 percent or \$5.2 billion increase in 1994, indicating that consumer spending on commercial games has grown by a staggering \$9.8 billion in two years.

Equally impressive is the rate of growth in consumer spending on gambling. Consumer spending on legal games grew at an average annual rate of 11.8 percent between 1982 and 1995 with casinos, lotteries, card rooms, non-bingo charitable games, sports bookmaking and Class III Indian gaming (casinos) accounting for most of the increase.

On a segment-by-segment basis, gross revenues for the industry demonstrated overall strength. Non-Indian casino gaming revenue increased by 7.2 percent to \$2.6 billion in 1995 to a record \$18 billion. However, this represents a decline from its 22.1 percent or \$2.8 billion gain in gross revenue in 1994. The study cites the absence of new markets and new mega-

facilities in Las Vegas, as well as soft results in deep-water cruise ship gaming as the principal reasons.

For the second consecutive year, says the report, the bulk or 53 percent of the industry's revenue gains came from riverboats. In spite of continuing failures of too lightly capitalized boats in highly competitive markets, riverboat wins, jumped by 42.7 percent or \$1.393 billion to a record \$4.652 billion. According to the study, riverboats now account for 25.8 percent of aggregate non-Indian casino GGR.

On Wall Street, the casino segment of the gaming industry posted a good year in 1995. According to the 1995 "Gross Annual Wager of the United States," gambling stocks became a bull market in 1995 and early 1996 with casino issues trading at multiples not seen since the IPO (initial public offering) boom of 1992.

Despite this optimism, however, gambling remains a troubling issue to many Americans, says the report. "Investors are apt to forget that against the benefits of jobs and tax receipts must be set the costs of compulsive gambling and the community dislocation, that is the price of any substantial economic development."

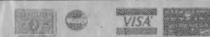
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ADVERTISEMENT FORBID HOUSING AUTHORITY OF THE TOWNSHIP OF BERKELEY will receive sealed bids for: VERTICAL EXTENSION OF FIRE WALLS AT MAGNOLIA GARDENS 1995 COMPREHENSIVE GRANT PROGRAM according to Drawings and Specifications prepared by Secker Associates, Inc. and distributed by the Housing Authority of the Township of Berkeley, 510 East Front St., Plainfield, NJ 07060. Extended firewalls from top of existing masonry fire walls to roof in Seven (7) buildings (17) locations. The work of this project, as outlined above, shall be completed in a period of Sixty (60) Calendar Days. Contract Documents are available for inspection at: The Owner's Office, HOUSING AUTHORITY OF THE TOWNSHIP OF BERKELEY, 44 Frederick Drive, Bayville, New Jersey, 08721, and Dodge Reports. Contract Documents may be obtained from the Owner's Office, HOUSING AUTHORITY OF THE TOWNSHIP OF BERKELEY, 44 Frederick Drive, Bayville, New Jersey, 08721. Telephone No. (908) 269-2312 between 9:00 a.m. and 4:00 p.m. Upon receipt of the sum of \$50.00 and/or documents, CHECKS SHALL BE MADE PAYABLE TO THE HOUSING AUTHORITY OF THE TOWNSHIP OF BERKELEY. Bidders may purchase additional sets of documents from the Owner for \$50.00 each. Those who submit bids may obtain a full refund of deposit if sets are returned in good condition no more than 10 days after bids have been opened. Plans and specifications will be available for opening time will be entitled to a refund. An open mandatory Pre-Bid Conference will be held at 1:00 PM on Friday, September 20, 1996 at the Housing Authority, 44 Frederick Drive, Bayville, New Jersey. Sealed bids will be received at the Office of the HOUSING AUTHORITY OF THE TOWNSHIP OF BERKELEY until 1:00 PM Friday, September 27, 1996. Bids received after this time will not be accepted. Each bidder shall be required to submit with their bid a certified check or bank draft payable to the HOUSING AUTHORITY OF THE TOWNSHIP OF BERKELEY, U.S. Bonds and/or a satisfactory bid bond in the amount of the bid and acceptable surties (as described below) in an amount not less than five percent (5%) of the bid amount. Consent of surety will be required with submission of a bid bond. The successful bidder shall also be required to furnish and pay for a satisfactory performance and payment bond in the amount of the bid. The successful bidder for all bonds must be a guarantor or surety company acceptable to the U.S. Department of the Treasury. Individual sureties will not be considered. The surety company must also be licensed to do business in the State of New Jersey. U.S. Treasury Circular No. 570 lets companies approved to bid as sureties on bonds for government contracts, the maximum underwriting limits on each company depend on the status which each company has been assigned by the U.S. Department of the Treasury. Individual sureties will not be considered. The surety company must also be licensed to do business in the State of New Jersey. Bidders shall comply with the requirements of P.L. 1975, c. 127. Attention is called to the provision of Equal Employment Opportunity and payment to the minimum salaries.		and requests set forth in the Specifications. Women and Minority Owned Business Contractors are encouraged to submit bids. No bids will be withdrawn for a period of sixty (60) days after the opening of Bids without the consent of the Housing Authority of the Township of Berkeley. Awards will be made to the lowest responsible bidder. BY ORDER OF THE HOUSING AUTHORITY OF THE TOWNSHIP OF BERKELEY MARTINA SUPP, JR. CHAIRMAN FEE \$42.50		within one year of employment. Salary plus a benefits to be negotiated commensurate with experience and qualifications. Interested candidates should forward resumes, related work experience, address and phone numbers to at least three potential employers (who are not former employers), salary history and current salary requirements with a letter of interest, to be received no later than September 12, 1996. Address application materials to Commissioner Charles B. Boller, Chairman, Personnel Committee, Housing Authority of Plainfield, 510 East Front St., Plainfield, NJ 07060		Advertise Your Bids And Classifieds In City News, Call 908-754-3400 or FAX 908-753-1036			

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SPORTS

SPORTS IN THE GARDEN STATE

McQueen, Fisher form winning team

by Dennis Wilson

EAST ORANGE— Leroy McQueen and Mark Fisher are president and vice-president of the New Jersey Wolverines, the 1995 National Champions of Minor Professional Football.

McQueen, a general contractor, and Fisher, a special education teacher on the staff of Paterson Eastside High School, started the Wolverines in 1995 after playing on several semi-pro football teams, and the results have been a total success, both as a sports franchise and as a form of a community outreach program.

"We wanted to provide a place for young men who love football but could not make it to college either academically or financially, did not have the

size for the National Football League, or did not stick it out at the college and had to where else to display their talents," stated Fisher at a recent practice session held at Robeson Stadium in East Orange where the Wolverines play under the lights on Saturday nights.

"After you leave high school, there's nothing left for football players," continued Fisher. "Basketball players have summer leagues, but there are few opportunities for football players. Once the last whistle has blown in high school, that's the end and that's where we come in."

The Wolverines franchise is very serious football. In the first year of operation, the team posted an 8-0 record and won the American Football Association A Division in Orlando, Florida. This season, they have up-

graded the franchise from semi-pro to minor league, joining the Empire State Football League which has sent several players to the NFL.

But football is not all McQueen and Fisher care about it. The Wolverines Players not only get a second shot at the game they like, many also get a second chance in the game of life. They perform community services such as cleaning up boarded houses and visiting children in hospitals.

"The players visit schools and speak to students about the importance of education and the dangers of drugs," continued Fisher who stresses the needs he observes in his position as an educator.

"We look at the shelters and the homeless," said McQueen. "We want to help these people if we can as we feel it is our responsibility to give back

to the community."

One young man who has turned his life around since joining the Wolverines is Travis Muckle, a college drop-out who thought he would never play football again. He was unemployed and totally disillusioned with life, sitting around and doing nothing.

"The Wolverines got me back on track," commented Muckle, now a 22-year-old wide receiver as well as a dispatcher for the Paterson Police Department. "To get a second chance restored my confidence and I not only got a job, I moved out of my parent's house and started my own life."

Muckle is a standout on the gridiron and has been scouted by the Canadian and Arena Football League teams. He is a prime example of why McQueen and Fisher have formed a winning team.

Kamsay races to victory in Weequeah Five Miler

by Dave Scianoffi

Newark's Alem Kamsay raced to victory in the 1996 Weequeah Park Five Miler Run, crossing the finish line in a time of 28:06 as he led runner-up Edwin Lora of Newark through the tape by a minute.

In the age group competitions,

Newark's 34-year-old Richard Simpson picked up the first place trophy in the men's 30- to 39-year-old division, turning in a clocking of 33:01 while East Orange's 35-year-old Adrienne Congleton was runner-up in the women's 30-39 age bracket, posting a time of 47:14.

1996 WEQUEAH PARK 5 MILE RUN

(Local results compliments of CompuScore Race Scoring System)

Alem Kamsay	Newark	28:06
Edwin Lora	Newark	29:07
Charlie Slaughter	Rahway	30:21
Joe Nieto	Elizabeth	30:25
Bob Hansen	North Bergen	30:49
Feliciano Pereira	Newark	32:19
Alex Lora	Newark	32:22
Omar Wheeler	Newark	32:43
Jason Rodriguez	Elizabeth	32:47
Richard Simpson	Newark	33:01
Armando Olivera	Newark	33:06
Stephen Lynaugh	Teaneck	34:00
Lawrence Diggs	Plainfield	34:13
Dale Evans	Irvine	34:41
Gima Lemma	Orange	34:59
Bernard McCauley	Colonia	35:02
Gilberto Soto	Elizabeth	35:06
Robert Pleasant	Paterson	39:39
Ron Calloun	Newark	42:30
Antonio Pleasant	Newark	42:57
Jerry Jones	Newark	42:58
Robert McGill	S. Plainfield	43:12
Jose A. Londono	Elizabeth	43:56
Milton Hill	Newark	45:06
Al Jackson	Newark	45:36
Os Harper	Irvine	47:01
Allen Little	East Orange	47:13
Adrienne Congleton	East Orange	47:14
Carolyn Cornell	North Bergen	48:10
Carlene Evance	Irvine	1:00:50

Tiger's tale: crossing the great racial divide

by William Reed

Golf, traditionally the game of the moneyed elite, has always had a somewhat uneasy relationship with ethnic groups. This uneasiness with nonwhite people has continued to this day. The Professional Golfers Association (PGA) did not repeal its "Caucasian-only" membership clause until late in the 1960s.

Blacks who've gained prominence in the golfing game have been few and far between. There was Charlie Sifford, the first black to claim a PGA Tour event when he won the 1967 Hartford Open; Lee Elder, the first black who earned an invitation from the good ol' boys at Augusta National to play in their Masters; Jim Dent, who went from being a caddy at Augusta to a pretty good player on the PGA Tour and now the Senior PGA Tour; and Calvin Peete, the child of a migrant farming family who fell out of a tree as a boy and severely broke his left arm, yet somehow figured out a way to hit a golf ball straight enough to win a

trophy for lowest scoring average on the PGA Tour.

But, whites at their clubhouses' 19th hole, and blacks at their regular watering holes, are taking a long look at a black man as the newest superstar for golf. After winning his third U.S. Amateur championship, Tiger Woods is transcending the white-only golfing tradition in the United States and is being touted as the next superstar and money-player of the PGA Tour. Young, black and handsome, Tiger is a cat advertisement can't wait to let out of the bag.

Racism still exists in America, and definitely along the green lines of its country clubs. Nowadays, any golf club (even private ones) that wishes to host a tournament sponsored by the Professional Golfers' Association, the PGA Tour, or the U.S. Golf Association has to agree to make an effort to recruit and admit an ethnically diverse membership. Most have, but there are a number of elite golf clubs that decided to quit hosting tournaments rather than change their ways

about race and inclusion. Interestingly, most of the recalcitrant clubs are located well outside the South, such as the Butler National Golf Club near Chicago which dropped the Western Open rather than integrate; and Cypress Point, in ritzy Pebble Beach, California, announced it would no longer be available to host the AT&T National Pro-Am. Among other clubs withdrawing from scheduled U.S. Open tournaments were the St. Louis Country Club and Aronimink in Philadelphia.

It is against this backdrop that the world of golf's embracing Eldrick (Tiger) Woods, a young man of enormous golfing talents whose skin happens to be of a darker hue. Woods became the first golfer to win three consecutive U.S. Amateur championships and has generated tons of publicity for the game and admiration for himself. His father calls him another Joe Louis, likening his impact among blacks-to that of the great boxing champion of the 1930s. Others have called him golf's Jackie Robinson, and still

others see him as golf's money-making answer to Michael Jordan. In his 20 years, Tiger Woods has suffered a personal identity crisis, similar to many African Americans. Tiger says he is not African American. His father, Earl, is black, native American, and Chinese. His mother, Kultida, is Thai, Chinese and Caucasian.

Tiger, a student at Stanford University may not know exactly who he is in American society, but has sports agents licking their chops at the earning possibilities he represents. A child prodigy, his father trained him hard in army-like drills to sharpen his mental toughness.

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